

USATF LONG ISLAND

YOUTH INDOOR TRACK & FIELD CHAMPIONSHIPS

Sunday, January 14th, 2024

St. Anthony's High School ▪ Wolf Hill Road ▪ Huntington

TRACK EVENTS

Master Millrose 4x400m

55m HH *11&up (FOT)*

55m Dash *Youth (FOT)*

60m Dash *O/M (FOT)*

1500m Race Walk

400m

1500m

Pee Wee 55

Mile Race Walk

800m

200m

3000m *9&up*

4x200m

4x400m

FIELD EVENTS

Long Jump

Open Pit 12-2:30 | 4 jumps

Triple Jump

13&up | Follows LJ | 4 jumps

Pole Vault

Opening Height 6'

High Jump

Starts under 4' & moves up

Shot Put

4 throws

USATF™
LONG ISLAND



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In Person Registration Begins: 11:30am | 1st Event Check-in: 12pm

FEES

USATF Long Island Members: \$10/event

USATF Members (non-LI): \$13/event

Non-Members: \$15/event

Relays: \$20

Pee Wee: \$2

All USATF members must have a valid & current membership number.

Member registration will be available at the meet.