



One Step Ahead

MONTHLY NEWS AND NOTES FROM USATF - LONG ISLAND

AUGUST 2006

SUMMER TRACK & FIELD SERIES IN FULL SWING

The USATF-Long Island Summer Track & Field Series of All Comers meet has been attracting a record number of participants. With meets at the Mitchel Field Athletic Complex, Walt Whitman and Sachem High Schools, athletes of all ages have been spending their Thursday evenings taking part in all the events that make up track & field.

Many thanks to Track & Field Chair Paul Schaefer, Youth Chair John Martin and Officials Chair Bill Ott who have made sure that our summer series is a big hit once again.



NEW THIS FALL

Thanks to Assemblyman Rob Walker and the Super Runners Shop, we are pleased to announce the new Cross Country Series of races this fall. The series includes the New Island Hospital Run, The UASTF-LI Championship, the Northport VA Run and Rob's Run. Watch for details.

SAVE THE DATE
FRIDAY, SEPTEMBER 29, 2006
USATF-LI ANNUAL MEETING
7:00 - 10:00 PM
H. LEE DENNISON BUILDING
RTE 347 - HAUPPAUGE
BE A PART OF THE FUTURE!!