

Men < 24		
1	Darnell, Mike (Bellmore Striders)	800
	Kings Park 15K Championship (0:51:59)	100
	Aspire 10K Championship (0:33:05)	100
	Marcie Mazzola 5k (16:02)	100
	Elizabeth McNamee 5K (16:02)	100
	New Hyde Park 8K (26:16)	100
	Massapequa Firecracker Championship 5K (15:47)	100
	Oysterfest 5K (16:10)	100
	Long Beach Turkey Trot 10K (33:19)	100
2	Eletto, Alex (Northport)	740
	Kings Park 15K Championship (0:58:01)	90
	Aspire 10K Championship (0:36:26)	90
	Marcie Mazzola 5k (17:44)	90
	Elizabeth McNamee 5K (17:06)	90
	New Hyde Park 8K (28:12)	86
	Hope Runs Here #2 5K (17:37)	100
	Blazing Trails 4 Miler (22:55)	100
	Oysterfest 5K (17:22)	90
	Long Beach Turkey Trot 10K (34:59)	90
3	Quinn, Bradley (GLIRC)	730
	Kings Park 15K Championship (1:05:59)	77
	Aspire 10K Championship (0:43:29)	80
	Marcie Mazzola 5k (21:01)	80
	Run For the Health of It 5K (21:31)	100
	Elizabeth McNamee 5K (20:30)	80
	Runday 5K (21:17)	90
	New Hyde Park 8K (34:08)	71
	Bolla Charity 5K (21:15)	100
	Massapequa Firecracker Championship 5K (20:40)	71
	Bellmore Striders Independence Day 4 Mile Run (28:16)	90
	Hope Runs Here #2 5K (21:28)	74
	Farmingdale Mile (05:39)	71
	Long Beach 5 Miler (36:21)	100
	Great South Bay 1/2 Marathon (1:43:28)	90
	Oysterfest 5K (21:57)	74
4	Diaz, Anthony (Runner's Edge)	705
	Kings Park 15K Championship (1:04:40)	83
	Aspire 10K Championship (0:38:17)	86
	Massapequa Firecracker Championship 5K (18:02)	86
	Bellmore Striders Independence Day 4 Mile Run (24:06)	100
	Massapequa Mile (05:15)	80
	Hope Runs Here #2 5K (18:09)	90
	Farmingdale Mile (04:52)	90

	Blazing Trails 4 Miler (23:07)	90
5	Mihailin, Thomas (Northport)	688
	Kings Park 15K Championship (1:01:58)	86
	Aspire 10K Championship (0:39:06)	83
	Marcie Mazzola 5k (19:17)	86
	Elizabeth McNamee 5K (18:33)	86
	New Hyde Park 8K (31:38)	80
	Massapequa Firecracker Championship 5K (18:45)	80
	Hope Runs Here #2 5K (18:20)	86
	Farmingdale Mile (04:55)	86
	Blazing Trails 4 Miler (24:00)	86
	Oysterfest 5K (18:08)	86
	Long Beach Turkey Trot 10K (38:12)	86
6	Naughton, Nevan (We Are Athletes)	610
	Aspire 10K Championship (0:46:10)	74
	Marcie Mazzola 5k (20:48)	83
	Elizabeth McNamee 5K (20:02)	83
	New Hyde Park 8K (33:57)	74
	Massapequa Firecracker Championship 5K (20:49)	68
	Massapequa Mile (05:44)	77
	Farmingdale Mile (05:38)	74
	Oysterfest 5K (21:52)	77
7	McKeon, John (GLIRC)	423
	Hope Runs Here #2 5K (19:19)	77
	Farmingdale Mile (05:13)	83
	Blazing Trails 4 Miler (25:50)	83
	Great South Bay 1/2 Marathon (1:40:08)	100
	Oysterfest 5K (19:26)	80
8	Cuozzo, Leonardo (Bellmore Striders)	329
	Kings Park 15K Championship (1:05:41)	80
	New Hyde Park 8K (30:51)	83
	Massapequa Mile (05:13)	86
	Hope Runs Here #2 5K (19:12)	80
9	Cueter, Joseph (Bellmore Striders)	228
	Kings Park 15K Championship (1:18:50)	74
	Massapequa Firecracker Championship 5K (20:09)	74
	Farmingdale Mile (05:21)	80
10	Schwab, John (Bellmore/North Bellmore PAL)	219
	Bellmore Striders Independence Day 4 Mile Run (29:13)	86
	Massapequa Mile (05:55)	68
	Farmingdale Mile (05:46)	65
*	Smith, Colm (Long Island Alliance)	183
	Massapequa Firecracker Championship 5K (18:10)	83
	Massapequa Mile (05:04)	100

* Addison, Alexander (TSC Track Club)	180
Runday 5K (19:20)	100
Bellmore Striders Independence Day 4 Mile Run (41:11)	80
* Fiedtkou, Caleb (Runner's Edge)	173
Massapequa Mile (05:08)	90
Oysterfest 5K (18:49)	83
* Schmuck, John	157
Farmingdale Mile (05:32)	77
Long Beach Turkey Trot 10K (48:39)	80
* Richards, Joe (Bellmore Striders)	154
New Hyde Park 8K (32:00)	77
Massapequa Firecracker Championship 5K (18:46)	77
* Scotto, Anthony (Bellmore/North Bellmore PAL)	139
Massapequa Mile (05:55)	71
Farmingdale Mile (05:46)	68
* Conklin, Brandon (We Are Athletes)	136
Massapequa Mile (06:00)	65
Oysterfest 5K (23:38)	71
* Contreras, Isayah	136
Massapequa Mile (05:49)	74
Farmingdale Mile (05:48)	62
* Lipponer, Roberto (Rolling Thunder)	127
Blazing Trails 4 Miler (53:13)	59
Oysterfest 5K (28:50)	68
* Contreras, Isaac	121
Massapequa Mile (06:28)	62
Farmingdale Mile (06:28)	59
* Badolato, Nicholas (Bellmore/North Bellmore PAL)	112
Massapequa Mile (06:36)	59
Farmingdale Mile (06:38)	53
* Parker, Lucas	103
Massapequa Mile (07:09)	56
Farmingdale Mile (07:17)	47
* Smyth, Patrick	100
Farmingdale Mile (04:51)	100
* Martinez, Diego (Bellmore/North Bellmore PAL)	94
Massapequa Mile (07:19)	50
Farmingdale Mile (07:22)	44
* Anderson, Ryan (Bellmore/North Bellmore PAL)	91
Massapequa Mile (07:14)	53
Farmingdale Mile (07:34)	38
* Clifford, Ryan (GLIRC)	90
New Hyde Park 8K (26:30)	90
* Cooney, Patrick (Northport)	90

	Run For the Health of It 5K (25:14)	90
*	Jarvis, Sharif (Elitefeats)	90
	Massapequa Firecracker Championship 5K (15:58)	90
*	Panju, Mikael (Bellmore/North Bellmore PAL)	88
	Massapequa Mile (07:30)	47
	Farmingdale Mile (07:33)	41
*	Bruder, Peter (Northport)	86
	Run For the Health of It 5K (25:37)	86
*	Dachille, James (NHP - Mineola Runners Club)	83
	Hope Runs Here #2 5K (18:38)	83
*	LaMassa, Charlie (Long Island Alliance)	83
	Massapequa Mile (05:15)	83
*	Perez, Steven (Bellmore/North Bellmore PAL)	83
	Bellmore Striders Independence Day 4 Mile Run (30:58)	83
*	Morelli, Jack (Northport)	83
	Run For the Health of It 5K (26:03)	83
*	Franz, Julian (Elitefeats)	83
	Long Beach Turkey Trot 10K (42:57)	83
*	Van Nostrand, Daniel (Rolling Thunder)	80
	Blazing Trails 4 Miler (27:44)	80
*	Choinski, Joseph (Rolling Thunder)	77
	Aspire 10K Championship (0:45:05)	77
*	Kavanagh, Christopher (Rolling Thunder)	77
	Blazing Trails 4 Miler (29:16)	77
*	Lang, Thomas	74
	Blazing Trails 4 Miler (32:13)	74
*	Clements, Brayden (Rolling Thunder)	71
	Aspire 10K Championship (0:52:15)	71
*	Mikowski, Paul (Rolling Thunder)	71
	Blazing Trails 4 Miler (33:45)	71
*	Van Nostrand, Ethan (Rolling Thunder)	68
	Blazing Trails 4 Miler (34:06)	68
*	Anzaldi, Frank	65
	Blazing Trails 4 Miler (35:03)	65
*	Modica, Jack (Rolling Thunder)	62
	Blazing Trails 4 Miler (38:03)	62
*	Brosnan, Jack	56
	Farmingdale Mile (06:33)	56
*	Romao, Ephrem	56
	Blazing Trails 4 Miler (56:08)	56
*	Romao, Xavier	53
	Blazing Trails 4 Miler (56:27)	53
*	Ramirez, Alexander (Bellmore/North Bellmore PAL)	50
	Farmingdale Mile (06:59)	50

Men 25-29		
1	Grieco, Joseph (We Are Athletes)	800
	Aspire 10K Championship (0:34:21)	100
	Marcie Mazzola 5k (16:04)	100
	Elizabeth McNamee 5K (15:44)	100
	New Hyde Park 8K (26:47)	100
	Massapequa Firecracker Championship 5K (16:14)	100
	Massapequa Mile (04:25)	100
	Hope Runs Here #2 5K (15:53)	100
	Farmingdale Mile (04:17)	100
	Oysterfest 5K (16:35)	90
2	Schneider, Alex (Runner's Edge)	725
	Long Beach Snowflake 4 Mile Run (23:10)	100
	Elizabeth McNamee 5K (17:14)	86
	Long Beach 10 Miler (0:59:32)	100
	New Hyde Park 8K (28:33)	90
	Massapequa Firecracker Championship 5K (16:58)	90
	Massapequa Mile (05:02)	83
	Hope Runs Here #2 5K (17:14)	90
	Farmingdale Mile (05:15)	86
3	Williams, Raymond (We Are Athletes)	676
	Kings Park 15K Championship (1:04:12)	86
	Aspire 10K Championship (0:41:03)	83
	Marcie Mazzola 5k (19:48)	77
	Elizabeth McNamee 5K (19:27)	83
	New Hyde Park 8K (32:16)	86
	Massapequa Firecracker Championship 5K (20:10)	83
	Massapequa Mile (05:11)	80
	Hope Runs Here #2 5K (20:26)	86
	Farmingdale Mile (05:17)	83
	Oysterfest 5K (20:24)	86
4	Napoleon, Andrew (Northport)	332
	Kings Park 15K Championship (1:04:58)	83
	Aspire 10K Championship (0:40:25)	86
	Marcie Mazzola 5k (19:17)	80
	New Hyde Park 8K (33:07)	83
5	Afanador, Jonathan (We Are Athletes)	266
	Marcie Mazzola 5k (17:15)	86
	Massapequa Mile (04:37)	90
	Farmingdale Mile (04:36)	90
6	Korniev, Anton (Bellmore Striders)	263
	Kings Park 15K Championship (0:59:55)	90
	Aspire 10K Championship (0:35:40)	90
	Marcie Mazzola 5k (17:22)	83

	* Ingram, Walter (Northport)	190
	Kings Park 15K Championship (0:52:57)	100
	Elizabeth McNamee 5K (16:44)	90
	* Coelho, Andrew (Runner's Edge)	186
	Massapequa Firecracker Championship 5K (17:17)	86
	Oysterfest 5K (16:25)	100
	* Filippazzo, Nicholas	100
	Bellmore Striders Independence Day 4 Mile Run (19:41)	100
	* Murphy, Ryan (Northport)	100
	Long Beach Turkey Trot 10K (44:12)	100
	* Gargaro, Dan	90
	Marcie Mazzola 5k (16:08)	90
	* Culhane, Colin (We Are Athletes)	86
	Massapequa Mile (04:44)	86
Men 30-34		
	1 Murray, Edward (We Are Athletes)	790
	Long Beach Snowflake 4 Mile Run (23:27)	100
	Kings Park 15K Championship (0:57:09)	100
	Aspire 10K Championship (0:36:24)	90
	Marcie Mazzola 5k (17:33)	100
	Elizabeth McNamee 5K (16:58)	100
	Long Beach 10 Miler (0:58:57)	100
	Hope Runs Here #1 5K (17:20)	100
	Massapequa Firecracker Championship 5K (17:54)	80
	Bellmore Striders Independence Day 4 Mile Run (23:15)	100
	Oysterfest 5K (17:30)	90
	2 Joseph, Ronald	770
	Aspire 10K Championship (0:35:29)	100
	Elizabeth McNamee 5K (17:14)	90
	Runday 5K (17:32)	100
	New Hyde Park 8K (28:58)	100
	Massapequa Firecracker Championship 5K (17:02)	90
	Massapequa Mile (04:54)	90
	Hope Runs Here #2 5K (17:14)	100
	Farmingdale Mile (05:15)	83
	Long Beach Turkey Trot 10K (39:57)	100
	3 Luxenberg, Scott (We Are Athletes)	646
	Kings Park 15K Championship (1:23:45)	77
	Aspire 10K Championship (0:53:26)	77
	Marcie Mazzola 5k (25:28)	80
	Elizabeth McNamee 5K (25:42)	83
	Massapequa Firecracker Championship 5K (26:05)	68
	Bellmore Striders Independence Day 4 Mile Run (38:55)	86
	Hope Runs Here #2 5K (27:47)	86

	Farmingdale Mile (06:56)	77
	Oysterfest 5K (25:48)	80
4	Diaz, Franklin (Runner's Edge)	629
	Kings Park 15K Championship (1:03:37)	90
	Aspire 10K Championship (0:36:47)	83
	Massapequa Firecracker Championship 5K (17:26)	86
	Bellmore Striders Independence Day 4 Mile Run (23:40)	90
	Hope Runs Here #2 5K (18:25)	90
	Farmingdale Mile (04:59)	90
	Blazing Trails 4 Miler (23:19)	100
5	Koegel, Christopher (GLIRC)	439
	Aspire 10K Championship (0:36:37)	86
	Marcie Mazzola 5k (17:38)	90
	Long Beach 10 Miler (1:01:49)	90
	New Hyde Park 8K (29:08)	90
	Massapequa Firecracker Championship 5K (17:29)	83
6	Meyer, Joe	422
	Elizabeth McNamee 5K (19:16)	86
	Massapequa Firecracker Championship 5K (20:54)	74
	Massapequa Mile (05:16)	86
	Farmingdale Mile (05:11)	86
	Long Beach Turkey Trot 10K (41:06)	90
7	Gendy, Joseph (GLIRC)	332
	Kings Park 15K Championship (1:03:47)	86
	Marcie Mazzola 5k (19:43)	86
	Massapequa Firecracker Championship 5K (19:23)	77
	Massapequa Mile (05:21)	83
8	Demeri, Ryan (GLIRC)	317
	Kings Park 15K Championship (1:15:50)	80
	Marcie Mazzola 5k (24:45)	83
	Massapequa Firecracker Championship 5K (22:43)	71
	Oysterfest 5K (22:34)	83
9	Mahon, Sean (Bellmore Striders)	300
	Massapequa Firecracker Championship 5K (16:21)	100
	Massapequa Mile (04:51)	100
	Oysterfest 5K (15:59)	100
*	Waters, Steven (Bellmore Striders)	160
	Massapequa Mile (05:37)	80
	Farmingdale Mile (05:28)	80
*	Ogueri, Chinedu (We Are Athletes)	100
	Farmingdale Mile (04:55)	100
*	Murphy, Patrick (Northport)	86
	Oysterfest 5K (21:25)	86
*	Roertgen, Christopher	83

	Kings Park 15K Championship (1:08:18)	83
	* O'Toole, Kevin (LIRRC)	80
	Aspire 10K Championship (0:42:54)	80
Men 35-39		
1	Lynch, Joseph (Bellmore Striders)	780
	Kings Park 15K Championship (1:00:34)	90
	Aspire 10K Championship (0:38:30)	90
	Marcie Mazzola 5k (18:40)	90
	Elizabeth McNamee 5K (18:10)	100
	New Hyde Park 8K (30:57)	100
	Bolla Charity 5K (18:09)	100
	Massapequa Mile (05:12)	83
	Hope Runs Here #2 5K (18:29)	100
	Great South Bay 1/2 Marathon (1:27:31)	100
	Oysterfest 5K (18:34)	100
	Long Beach Turkey Trot 10K (38:23)	90
2	Hampton, Trent (We Are Athletes)	770
	Kings Park 15K Championship (1:06:50)	83
	Aspire 10K Championship (0:40:12)	86
	Marcie Mazzola 5k (19:00)	86
	Run For the Health of It 5K (19:53)	100
	Elizabeth McNamee 5K (18:30)	90
	Runday 5K (20:25)	90
	Long Beach 10 Miler (1:08:58)	100
	New Hyde Park 8K (31:54)	86
	Massapequa Firecracker Championship 5K (18:33)	90
	Bellmore Striders Independence Day 4 Mile Run (25:03)	100
	Massapequa Mile (04:58)	90
	Hope Runs Here #2 5K (18:51)	90
	Farmingdale Mile (04:53)	100
	Blazing Trails 4 Miler (25:20)	100
	Oysterfest 5K (18:53)	90
3	Jensen, Joseph (Northport)	684
	Kings Park 15K Championship (1:04:12)	86
	Marcie Mazzola 5k (19:18)	83
	New Hyde Park 8K (31:19)	90
	Massapequa Firecracker Championship 5K (19:28)	86
	Bellmore Striders Independence Day 4 Mile Run (25:36)	90
	Massapequa Mile (05:41)	80
	Farmingdale Mile (05:32)	83
	Long Beach Turkey Trot 10K (40:40)	86
4	Brito, Romulo (LIRRC)	678
	Long Beach Snowflake 4 Mile Run (29:25)	90
	Kings Park 15K Championship (1:14:29)	80

	Aspire 10K Championship (0:47:26)	80
	Marcie Mazzola 5k (22:05)	77
	Elizabeth McNamee 5K (21:38)	86
	New Hyde Park 8K (36:05)	83
	Long Beach 5 Miler (38:35)	90
	Blazing Trails 4 Miler (29:42)	86
	Oysterfest 5K (22:24)	83
	Long Beach Turkey Trot 10K (46:46)	74
5	Monkowski, Matthew (LIRRC)	665
	Aspire 10K Championship (0:55:18)	77
	Elizabeth McNamee 5K (23:29)	83
	Long Beach 10 Miler (1:34:14)	90
	New Hyde Park 8K (40:46)	80
	Massapequa Firecracker Championship 5K (25:11)	80
	Bellmore Striders Independence Day 4 Mile Run (35:54)	83
	Massapequa Mile (09:26)	77
	Hope Runs Here #2 5K (24:28)	83
	Farmingdale Mile (11:01)	80
	Great South Bay 1/2 Marathon (1:59:57)	86
	Oysterfest 5K (24:46)	77
	Long Beach Turkey Trot 10K (49:43)	71
6	Lopez-Merlos, David (Northport)	576
	Kings Park 15K Championship (0:58:16)	100
	Marcie Mazzola 5k (18:33)	100
	Massapequa Firecracker Championship 5K (18:23)	100
	Massapequa Mile (05:04)	86
	Farmingdale Mile (05:09)	90
	Long Beach Turkey Trot 10K (37:37)	100
7	Palma, Luis (Elitefeats)	449
	Long Beach 5 Miler (33:10)	100
	Blazing Trails 4 Miler (25:27)	90
	Great South Bay 1/2 Marathon (1:31:30)	90
	Oysterfest 5K (19:58)	86
	Long Beach Turkey Trot 10K (41:00)	83
8	Mandato, Michael (Northport)	317
	Kings Park 15K Championship (1:16:48)	77
	Aspire 10K Championship (0:45:46)	83
	Marcie Mazzola 5k (22:01)	80
	Long Beach Turkey Trot 10K (44:43)	77
9	Lorenz, Carl (GLIRC)	249
	Massapequa Firecracker Championship 5K (22:33)	83
	Bellmore Striders Independence Day 4 Mile Run (28:47)	86
	Oysterfest 5K (22:54)	80
*	Drebsky, David (GLIRC)	174

	Long Beach Snowflake 4 Mile Run (28:36)	100
	Aspire 10K Championship (1:00:42)	74
	* Vichman, Ronnie (Elitefeats)	166
	Farmingdale Mile (05:30)	86
	Long Beach Turkey Trot 10K (42:14)	80
	* Cuomo, Steven (Rolling Thunder)	100
	Aspire 10K Championship (0:38:04)	100
	* Nastasi, Salvatore (Bellmore Striders)	100
	Massapequa Mile (04:47)	100
	* Dagan, Brendan (Elitefeats)	100
	Runday 5K (18:34)	100
	* Krahel, Bryan (Northport)	86
	Hope Runs Here #2 5K (22:12)	86
Men 40-44		
	1 Ramirez, Jason (Bellmore Striders)	760
	Kings Park 15K Championship (1:03:04)	86
	Aspire 10K Championship (0:39:22)	100
	Marcie Mazzola 5k (19:08)	90
	Elizabeth McNamee 5K (18:42)	86
	New Hyde Park 8K (31:22)	90
	Massapequa Firecracker Championship 5K (19:23)	86
	Massapequa Mile (05:24)	90
	Hope Runs Here #2 5K (19:13)	100
	Farmingdale Mile (05:18)	90
	Oysterfest 5K (19:25)	100
	Long Beach Turkey Trot 10K (39:16)	100
	2 Beavers, Ben (We Are Athletes)	696
	Kings Park 15K Championship (1:15:06)	74
	Aspire 10K Championship (0:47:07)	77
	Marcie Mazzola 5k (22:32)	77
	Run For the Health of It 5K (23:33)	86
	Elizabeth McNamee 5K (22:08)	74
	Runday 5K (23:50)	100
	Long Beach 10 Miler (1:22:52)	90
	New Hyde Park 8K (37:39)	77
	Massapequa Firecracker Championship 5K (23:17)	74
	Bellmore Striders Independence Day 4 Mile Run (30:05)	100
	Massapequa Mile (06:26)	83
	Hope Runs Here #2 5K (23:14)	80
	Farmingdale Mile (06:26)	80
	Oysterfest 5K (26:30)	77
	3 Ward, Christopher (Northport)	666
	Kings Park 15K Championship (1:02:32)	100
	Aspire 10K Championship (0:39:24)	90

	Marcie Mazzola 5k (19:01)	100
	Run For the Health of It 5K (19:22)	100
	Elizabeth McNamee 5K (18:35)	90
	Long Beach 10 Miler (1:05:18)	100
	New Hyde Park 8K (31:28)	86
4	Alexander, Sean (Northport)	659
	Kings Park 15K Championship (1:07:56)	77
	Marcie Mazzola 5k (22:06)	83
	Elizabeth McNamee 5K (21:04)	77
	Massapequa Firecracker Championship 5K (22:36)	77
	Massapequa Mile (05:46)	86
	Hope Runs Here #2 5K (21:48)	83
	Farmingdale Mile (05:43)	83
	Oysterfest 5K (21:49)	80
	Long Beach Turkey Trot 10K (44:33)	90
5	Jensen, John (Northport)	612
	Kings Park 15K Championship (1:04:25)	80
	Aspire 10K Championship (0:40:07)	83
	Marcie Mazzola 5k (19:10)	86
	Elizabeth McNamee 5K (18:43)	83
	New Hyde Park 8K (31:16)	100
	Massapequa Firecracker Championship 5K (18:58)	90
	Hope Runs Here #2 5K (20:00)	90
6	Reitz, William (LIRRC)	589
	Kings Park 15K Championship (1:19:37)	68
	Marcie Mazzola 5k (23:57)	74
	Elizabeth McNamee 5K (23:22)	71
	New Hyde Park 8K (40:32)	74
	Massapequa Firecracker Championship 5K (25:23)	71
	Massapequa Mile (07:15)	80
	Farmingdale Mile (07:07)	77
	Oysterfest 5K (28:39)	74
7	Bellissimo, Daniel (We Are Athletes)	559
	New Hyde Park 8K (31:56)	83
	Massapequa Firecracker Championship 5K (18:36)	100
	Massapequa Mile (05:10)	100
	Hope Runs Here #2 5K (20:26)	86
	Farmingdale Mile (05:10)	100
	Oysterfest 5K (19:28)	90
8	Grand, Shawn (We Are Athletes)	376
	Long Beach Snowflake 4 Mile Run (29:46)	100
	Long Beach 5 Miler (40:56)	100
	Blazing Trails 4 Miler (31:21)	90
	Long Beach Turkey Trot 10K (48:22)	86

9	Toto, Steven (GLIRC)	346
	Aspire 10K Championship (0:41:33)	80
	Elizabeth McNamee 5K (19:46)	80
	Blazing Trails 4 Miler (28:27)	100
	Oysterfest 5K (20:52)	86
10	Dullaghan, John (Northport)	336
	Marcie Mazzola 5k (22:19)	80
	Run For the Health of It 5K (21:06)	90
	New Hyde Park 8K (34:59)	80
	Farmingdale Mile (05:39)	86
*	Tate, Travis (Elitefeats)	183
	Kings Park 15K Championship (1:03:28)	83
	Elizabeth McNamee 5K (18:15)	100
*	Talles, Michael (Bellmore Striders)	176
	Kings Park 15K Championship (1:02:50)	90
	Aspire 10K Championship (0:39:34)	86
*	Garcia, Andrew (NHP - Mineola Runners Club)	164
	Long Beach Snowflake 4 Mile Run (31:33)	90
	Aspire 10K Championship (0:53:17)	74
*	Weiss, Steven (GLIRC)	83
	Oysterfest 5K (21:12)	83
*	Minns, Richard	83
	Massapequa Firecracker Championship 5K (21:17)	83
*	Heyes, Brett (Runner's Edge)	80
	Massapequa Firecracker Championship 5K (21:35)	80
*	Frazer, Michael (Bellmore Striders)	71
	Kings Park 15K Championship (1:16:01)	71
Men 45-49		
1	Carrington, Boyd (Runner's Edge)	800
	Long Beach Snowflake 4 Mile Run (23:10)	100
	Kings Park 15K Championship (0:55:05)	100
	Aspire 10K Championship (0:33:10)	100
	Run For the Health of It 5K (17:51)	100
	Elizabeth McNamee 5K (16:10)	100
	New Hyde Park 8K (26:19)	100
	Bolla Charity 5K (16:25)	100
	Massapequa Firecracker Championship 5K (16:58)	100
	Bellmore Striders Independence Day 4 Mile Run (21:48)	100
	Massapequa Mile (04:37)	100
	Farmingdale Mile (04:25)	100
	Oysterfest 5K (17:15)	100
2	Valderrama, Daniel (GLIRC)	732
	Kings Park 15K Championship (1:06:36)	83
	Marcie Mazzola 5k (19:39)	100

	Long Beach 10 Miler (1:08:26)	90
	New Hyde Park 8K (32:40)	83
	Hope Runs Here #1 5K (19:49)	100
	Bellmore Striders Independence Day 4 Mile Run (27:15)	86
	Hope Runs Here #2 5K (20:00)	90
	Farmingdale Mile (05:26)	80
	Blazing Trails 4 Miler (26:50)	100
	Oysterfest 5K (19:57)	83
3	Cigliano, Adam (Bellmore Striders)	711
	Aspire 10K Championship (0:42:36)	77
	Marcie Mazzola 5k (19:58)	90
	New Hyde Park 8K (32:31)	86
	Massapequa Firecracker Championship 5K (20:00)	90
	Massapequa Mile (05:34)	86
	Hope Runs Here #2 5K (19:42)	100
	Farmingdale Mile (05:22)	83
	Oysterfest 5K (19:42)	86
	Long Beach Turkey Trot 10K (41:12)	90
4	Cloherly, Brian (Bellmore Striders)	661
	Long Beach Snowflake 4 Mile Run (28:44)	80
	Kings Park 15K Championship (1:09:11)	77
	Aspire 10K Championship (0:43:18)	74
	Elizabeth McNamee 5K (20:35)	86
	New Hyde Park 8K (33:35)	77
	Massapequa Firecracker Championship 5K (20:42)	86
	Massapequa Mile (06:05)	83
	Hope Runs Here #2 5K (21:06)	86
	Farmingdale Mile (06:05)	71
	Oysterfest 5K (20:57)	77
	Long Beach Turkey Trot 10K (42:23)	86
5	McDowell, Keith (LIRRC)	660
	Long Beach Snowflake 4 Mile Run (36:09)	71
	Marcie Mazzola 5k (26:17)	77
	Elizabeth McNamee 5K (25:32)	80
	New Hyde Park 8K (43:04)	71
	Hope Runs Here #1 5K (26:11)	90
	Bolla Charity 5K (25:41)	86
	Massapequa Firecracker Championship 5K (26:21)	74
	Bellmore Striders Independence Day 4 Mile Run (34:35)	65
	Massapequa Mile (06:58)	77
	Long Beach 5 Miler (46:53)	86
	Blazing Trails 4 Miler (34:47)	90
	Oysterfest 5K (26:50)	68
6	Juchem, Steve (LIRRC)	648

	Kings Park 15K Championship (1:27:21)	62
	Aspire 10K Championship (0:52:55)	56
	Marcie Mazzola 5k (39:02)	74
	Elizabeth McNamee 5K (25:59)	77
	New Hyde Park 8K (42:36)	74
	Massapequa Firecracker Championship 5K (25:06)	77
	Bellmore Striders Independence Day 4 Mile Run (33:36)	68
	Massapequa Mile (06:16)	80
	Hope Runs Here #2 5K (23:08)	74
	Farmingdale Mile (06:02)	74
	Long Beach 5 Miler (37:37)	100
	Great South Bay 1/2 Marathon (1:49:13)	86
	Oysterfest 5K (22:04)	74
	Long Beach Turkey Trot 10K (44:55)	80
7	Jaramillo, Hector (LIRRC)	555
	Long Beach Snowflake 4 Mile Run (28:41)	83
	Kings Park 15K Championship (1:15:10)	71
	Aspire 10K Championship (0:44:44)	68
	Massapequa Firecracker Championship 5K (21:48)	83
	Bellmore Striders Independence Day 4 Mile Run (29:15)	80
	Hope Runs Here #2 5K (22:20)	80
	Long Beach 5 Miler (38:00)	90
8	Kaplan, Ira (LIRRC)	540
	Kings Park 15K Championship (1:10:55)	74
	Aspire 10K Championship (0:44:55)	65
	Marcie Mazzola 5k (21:42)	83
	Bolla Charity 5K (23:50)	90
	Massapequa Firecracker Championship 5K (23:28)	80
	Bellmore Striders Independence Day 4 Mile Run (30:57)	71
	Hope Runs Here #2 5K (22:56)	77
9	Penney, Earl (Elitefeats)	450
	Elizabeth McNamee 5K (18:36)	90
	New Hyde Park 8K (31:11)	90
	Massapequa Mile (05:08)	90
	Farmingdale Mile (05:06)	90
	Oysterfest 5K (19:10)	90
10	Boone, Kevin (Northport)	413
	Long Beach Snowflake 4 Mile Run (26:40)	90
	Kings Park 15K Championship (1:06:37)	80
	Aspire 10K Championship (0:42:00)	80
	Oysterfest 5K (20:45)	80
	Long Beach Turkey Trot 10K (43:23)	83
11	Pickus, Robert (GLIRC)	333
	Elizabeth McNamee 5K (21:42)	83

	Bellmore Striders Independence Day 4 Mile Run (28:41)	83
	Farmingdale Mile (05:53)	77
	Great South Bay 1/2 Marathon (1:45:49)	90
12	Smith, Andrew (Northport)	300
	Long Beach 10 Miler (1:07:24)	100
	Great South Bay 1/2 Marathon (1:36:30)	100
	Long Beach Turkey Trot 10K (39:44)	100
13	Gubbins, Douglas (NHP - Mineola Runners Club)	278
	Long Beach Snowflake 4 Mile Run (31:04)	74
	Kings Park 15K Championship (1:16:38)	68
	Aspire 10K Championship (0:47:39)	62
	Bellmore Striders Independence Day 4 Mile Run (30:20)	74
14	Wilcock, Graham (Runner's Edge)	266
	Kings Park 15K Championship (1:01:27)	86
	Aspire 10K Championship (0:39:14)	90
	Bellmore Striders Independence Day 4 Mile Run (26:15)	90
15	Fernandez, Michael (GLIRC)	249
	Aspire 10K Championship (0:41:59)	83
	Marcie Mazzola 5k (20:11)	86
	New Hyde Park 8K (33:06)	80
16	Conroy, Matthew (GLIRC)	240
	Long Beach Snowflake 4 Mile Run (27:54)	86
	Aspire 10K Championship (0:43:59)	71
	Hope Runs Here #2 5K (22:03)	83
*	Rowley, Todd (GLIRC)	176
	Kings Park 15K Championship (1:00:45)	90
	Aspire 10K Championship (0:39:35)	86
*	Sekula, Edward (Northport)	145
	Kings Park 15K Championship (1:17:14)	65
	Marcie Mazzola 5k (23:44)	80
*	Ford, Kevin (Northport)	136
	Long Beach Snowflake 4 Mile Run (29:42)	77
	Kings Park 15K Championship (1:29:33)	59
*	Brown, Michael	90
	Run For the Health of It 5K (24:59)	90
*	Sanders, Marcus (Rolling Thunder)	86
	Blazing Trails 4 Miler (35:04)	86
*	Nettuno, Tommy (Northport)	86
	Farmingdale Mile (05:15)	86
*	Ferro, John (Rolling Thunder)	83
	Blazing Trails 4 Miler (1:03:42)	83
*	Medalla, Rafael (We Are Athletes)	77
	Bellmore Striders Independence Day 4 Mile Run (29:46)	77
*	Huntington, Keith (Northport)	71

	Oysterfest 5K (23:15)	71
	* Badami, Mark (Northport)	59
	Aspire 10K Championship (0:49:23)	59
	* Shimonski, Robert (GLIRC)	53
	Aspire 10K Championship (1:01:46)	53
Men 50-54		
	1 Guilfoyle, Keith (GLIRC)	800
	Kings Park 15K Championship (0:57:13)	100
	Marcie Mazzola 5k (18:25)	100
	Run For the Health of It 5K (18:08)	100
	Elizabeth McNamee 5K (17:41)	100
	Long Beach 10 Miler (1:02:16)	100
	Hope Runs Here #1 5K (18:06)	100
	Bolla Charity 5K (17:40)	100
	Bellmore Striders Independence Day 4 Mile Run (23:26)	100
	Blazing Trails 4 Miler (23:20)	100
	Oysterfest 5K (17:49)	100
	2 Veitch, Erich (Northport)	722
	Marcie Mazzola 5k (24:03)	86
	Run For the Health of It 5K (22:55)	90
	Runday 5K (22:48)	100
	New Hyde Park 8K (36:59)	90
	Bolla Charity 5K (22:28)	90
	Bellmore Striders Independence Day 4 Mile Run (30:39)	80
	Massapequa Mile (05:49)	90
	Hope Runs Here #2 5K (22:13)	90
	Farmingdale Mile (05:42)	86
	3 DeSpagna, John (Northport)	669
	Kings Park 15K Championship (1:36:46)	65
	Aspire 10K Championship (0:49:44)	77
	Marcie Mazzola 5k (23:30)	90
	Elizabeth McNamee 5K (22:31)	80
	Massapequa Firecracker Championship 5K (22:58)	80
	Massapequa Mile (06:46)	86
	Hope Runs Here #2 5K (25:59)	80
	Farmingdale Mile (06:23)	80
	Oysterfest 5K (23:13)	83
	Long Beach Turkey Trot 10K (52:49)	90
	4 Arloff, Kevin (Northport)	629
	Aspire 10K Championship (0:44:50)	90
	Elizabeth McNamee 5K (20:34)	90
	Massapequa Firecracker Championship 5K (22:29)	86
	Bellmore Striders Independence Day 4 Mile Run (29:08)	83
	Massapequa Mile (05:36)	100

	Farmingdale Mile (05:33)	90
	Oysterfest 5K (21:48)	90
5	Fiume, Chris (We Are Athletes)	551
	Elizabeth McNamee 5K (25:06)	77
	New Hyde Park 8K (40:56)	80
	Massapequa Firecracker Championship 5K (24:26)	77
	Bellmore Striders Independence Day 4 Mile Run (32:42)	74
	Massapequa Mile (07:23)	83
	Hope Runs Here #2 5K (24:07)	86
	Farmingdale Mile (06:29)	74
6	Mozer, Chris (GLIRC)	456
	New Hyde Park 8K (32:52)	100
	Massapequa Firecracker Championship 5K (20:13)	100
	Bellmore Striders Independence Day 4 Mile Run (27:59)	90
	Hope Runs Here #2 5K (24:23)	83
	Farmingdale Mile (05:42)	83
7	Benlein, Frederick (We Are Athletes)	305
	Massapequa Mile (18:17)	80
	Hope Runs Here #2 5K (1:00:13)	74
	Farmingdale Mile (19:38)	71
	Oysterfest 5K (03:53)	80
8	Pajonas, Victor (LIRRC)	276
	Kings Park 15K Championship (1:10:28)	90
	Aspire 10K Championship (0:42:10)	100
	Bellmore Striders Independence Day 4 Mile Run (28:31)	86
9	Mietus, Timothy (We Are Athletes)	259
	Long Beach 10 Miler (1:23:01)	90
	New Hyde Park 8K (38:03)	86
	Massapequa Firecracker Championship 5K (22:34)	83
10	Hamid, Philip (GLIRC)	255
	Aspire 10K Championship (0:48:01)	86
	Marcie Mazzola 5k (24:16)	83
	Elizabeth McNamee 5K (21:18)	86
11	Brotter, Amos (LIRRC)	240
	Kings Park 15K Championship (1:27:52)	71
	Long Beach 10 Miler (1:30:28)	83
	Long Beach Turkey Trot 10K (1:09:28)	86
11	Scheuerman, Karl (Northport)	240
	Kings Park 15K Championship (1:17:51)	80
	Aspire 10K Championship (0:48:22)	83
	Farmingdale Mile (06:25)	77
*	Walsh, Nick (Northport)	190
	Massapequa Firecracker Championship 5K (21:01)	90
	Long Beach Turkey Trot 10K (43:35)	100

	* Gibbons, Kieran (Northport)	186
	Hope Runs Here #2 5K (21:10)	100
	Oysterfest 5K (22:38)	86
	* Murray, James (GLIRC)	173
	Runday 5K (28:53)	90
	New Hyde Park 8K (40:22)	83
	* Nardo, Ronald (Bellmore Striders)	167
	Long Beach Snowflake 4 Mile Run (33:22)	90
	Hope Runs Here #2 5K (27:03)	77
	* Monaco, Robert (LIRRC)	157
	Aspire 10K Championship (0:49:04)	80
	Bellmore Striders Independence Day 4 Mile Run (32:16)	77
	* D'Elisa, Paul	154
	Kings Park 15K Championship (1:27:09)	74
	Long Beach 10 Miler (1:33:08)	80
	* Taylor, Dwayne (We Are Athletes)	148
	Kings Park 15K Championship (1:20:13)	77
	Bellmore Striders Independence Day 4 Mile Run (33:01)	71
	* Englehart, Paul (GLIRC)	100
	Long Beach Snowflake 4 Mile Run (28:53)	100
	* Hogarty, Peter (Runner's Edge)	100
	Farmingdale Mile (05:33)	100
	* Metro, Todd	100
	Great South Bay 1/2 Marathon (1:53:06)	100
	* Gilbert, Scott (Northport)	86
	Kings Park 15K Championship (1:14:07)	86
	* Lewin, Joel	86
	Long Beach 10 Miler (1:23:22)	86
	* Oehrlein, William (Northport)	83
	Elizabeth McNamee 5K (21:57)	83
	* Brittan, Lawrence (Northport)	83
	Kings Park 15K Championship (1:15:57)	83
	* Juettner, John (Northport)	74
	Aspire 10K Championship (1:11:36)	74
	Men 55-59	
	1 Baisch, Alan (GLIRC)	790
	Kings Park 15K Championship (1:04:25)	90
	Aspire 10K Championship (0:40:21)	90
	Elizabeth McNamee 5K (19:24)	100
	Long Beach 10 Miler (1:08:10)	100
	Hope Runs Here #1 5K (19:42)	100
	Bolla Charity 5K (19:26)	100
	Massapequa Firecracker Championship 5K (19:46)	90
	Bellmore Striders Independence Day 4 Mile Run (25:34)	100

	Hope Runs Here #2 5K (19:58)	83
	Farmingdale Mile (05:26)	100
	Long Beach 5 Miler (34:01)	86
	Blazing Trails 4 Miler (25:46)	100
2	Schroeder, Bill (LIRRC)	780
	Kings Park 15K Championship (1:03:12)	100
	Aspire 10K Championship (0:39:20)	100
	New Hyde Park 8K (31:20)	100
	Massapequa Firecracker Championship 5K (19:26)	100
	Bellmore Striders Independence Day 4 Mile Run (26:29)	83
	Hope Runs Here #2 5K (19:41)	90
	Farmingdale Mile (05:33)	90
	Oysterfest 5K (19:53)	100
	Long Beach Turkey Trot 10K (39:07)	100
3	Steinberg, Jeff	750
	Long Beach Snowflake 4 Mile Run (27:19)	100
	Kings Park 15K Championship (1:06:10)	86
	Aspire 10K Championship (0:41:45)	86
	Run For the Health of It 5K (20:06)	100
	Elizabeth McNamee 5K (19:30)	90
	Runday 5K (20:35)	100
	Long Beach 10 Miler (1:09:23)	90
	New Hyde Park 8K (32:34)	90
	Hope Runs Here #1 5K (20:08)	90
	Bolla Charity 5K (20:06)	90
	Massapequa Firecracker Championship 5K (20:36)	80
	Bellmore Striders Independence Day 4 Mile Run (26:10)	86
	Massapequa Mile (05:48)	90
	Hope Runs Here #2 5K (19:44)	86
	Long Beach 5 Miler (34:23)	83
	Blazing Trails 4 Miler (27:43)	90
	Long Beach Turkey Trot 10K (41:37)	86
4	Robles, Michael (GLIRC)	725
	Kings Park 15K Championship (1:06:16)	83
	Aspire 10K Championship (0:42:42)	80
	Elizabeth McNamee 5K (19:33)	86
	Massapequa Firecracker Championship 5K (19:52)	86
	Bellmore Striders Independence Day 4 Mile Run (25:36)	90
	Massapequa Mile (05:41)	100
	Hope Runs Here #2 5K (19:31)	100
	Long Beach 5 Miler (33:23)	90
	Oysterfest 5K (20:06)	90
5	DiLisio, Michael (GLIRC)	692
	Long Beach Snowflake 4 Mile Run (27:53)	90

	Aspire 10K Championship (0:43:05)	77
	Long Beach 10 Miler (1:11:00)	86
	Massapequa Firecracker Championship 5K (20:29)	83
	Hope Runs Here #2 5K (20:01)	80
	Long Beach 5 Miler (33:19)	100
	Oysterfest 5K (20:51)	86
	Long Beach Turkey Trot 10K (41:35)	90
6	Bonanni, Paul (GLIRC)	659
	Long Beach Snowflake 4 Mile Run (30:06)	83
	Kings Park 15K Championship (1:14:52)	68
	Aspire 10K Championship (0:47:09)	59
	Marcie Mazzola 5k (22:33)	77
	Run For the Health of It 5K (23:07)	90
	Elizabeth McNamee 5K (23:25)	68
	Runday 5K (24:15)	80
	New Hyde Park 8K (38:21)	68
	Hope Runs Here #1 5K (23:14)	86
	Bolla Charity 5K (22:18)	83
	Massapequa Firecracker Championship 5K (22:31)	65
	Bellmore Striders Independence Day 4 Mile Run (29:33)	74
	Hope Runs Here #2 5K (23:00)	62
	Farmingdale Mile (06:09)	74
	Long Beach 5 Miler (38:08)	80
	Blazing Trails 4 Miler (29:54)	80
	Oysterfest 5K (22:53)	68
	Long Beach Turkey Trot 10K (46:25)	77
7	Casale, Michael (We Are Athletes)	656
	Kings Park 15K Championship (1:11:53)	74
	Aspire 10K Championship (0:45:31)	68
	Marcie Mazzola 5k (21:57)	86
	Runday 5K (22:08)	90
	New Hyde Park 8K (35:26)	80
	Bolla Charity 5K (21:38)	86
	Massapequa Firecracker Championship 5K (21:22)	77
	Bellmore Striders Independence Day 4 Mile Run (28:38)	80
	Massapequa Mile (06:14)	80
	Hope Runs Here #2 5K (21:39)	74
	Farmingdale Mile (06:13)	71
	Oysterfest 5K (21:53)	77
8	Brennan, Scott (LIRRC)	634
	Long Beach Snowflake 4 Mile Run (29:27)	86
	Kings Park 15K Championship (1:16:00)	65
	Aspire 10K Championship (0:46:24)	65
	Marcie Mazzola 5k (22:00)	83

	Elizabeth McNamee 5K (21:25)	77
	New Hyde Park 8K (36:11)	74
	Massapequa Firecracker Championship 5K (22:01)	71
	Bellmore Striders Independence Day 4 Mile Run (29:36)	71
	Massapequa Mile (06:11)	83
	Hope Runs Here #2 5K (22:17)	68
	Farmingdale Mile (06:08)	77
	Oysterfest 5K (22:16)	74
	Long Beach Turkey Trot 10K (46:08)	80
9	Mazza, William (GLIRC)	631
	Long Beach Snowflake 4 Mile Run (30:46)	80
	Kings Park 15K Championship (1:14:37)	71
	Aspire 10K Championship (0:46:51)	62
	Marcie Mazzola 5k (22:05)	80
	Runday 5K (22:57)	83
	Bellmore Striders Independence Day 4 Mile Run (29:08)	77
	Farmingdale Mile (05:51)	86
	Blazing Trails 4 Miler (29:18)	83
	Oysterfest 5K (22:52)	71
10	Hunter, Michael (LIRRC)	595
	Kings Park 15K Championship (1:07:54)	80
	Aspire 10K Championship (0:42:31)	83
	Marcie Mazzola 5k (20:37)	100
	Long Beach 10 Miler (1:13:03)	80
	New Hyde Park 8K (34:04)	86
	Oysterfest 5K (21:06)	83
	Long Beach Turkey Trot 10K (42:11)	83
11	Quinn, Patrick (We Are Athletes)	544
	Kings Park 15K Championship (1:36:54)	47
	Aspire 10K Championship (1:00:41)	44
	Marcie Mazzola 5k (28:36)	65
	Run For the Health of It 5K (27:48)	86
	Elizabeth McNamee 5K (27:30)	59
	Runday 5K (28:42)	71
	New Hyde Park 8K (46:16)	56
	Bolla Charity 5K (27:52)	77
	Massapequa Firecracker Championship 5K (28:44)	56
	Bellmore Striders Independence Day 4 Mile Run (39:58)	59
	Long Beach 5 Miler (54:45)	71
	Oysterfest 5K (29:31)	53
12	Niedfeld, William (We Are Athletes)	517
	Kings Park 15K Championship (1:34:29)	50
	Aspire 10K Championship (0:59:20)	47
	Marcie Mazzola 5k (27:41)	74

	Elizabeth McNamee 5K (28:42)	56
	Runday 5K (28:09)	74
	New Hyde Park 8K (45:10)	59
	Massapequa Firecracker Championship 5K (27:33)	59
	Bellmore Striders Independence Day 4 Mile Run (38:42)	62
	Massapequa Mile (07:34)	71
	Hope Runs Here #2 5K (27:59)	47
	Farmingdale Mile (07:25)	62
	Oysterfest 5K (27:58)	56
13	Mayer, Robert (LIRRC)	514
	Kings Park 15K Championship (1:37:24)	44
	Aspire 10K Championship (1:02:51)	38
	Marcie Mazzola 5k (27:44)	71
	New Hyde Park 8K (51:32)	50
	Bellmore Striders Independence Day 4 Mile Run (38:15)	65
	Farmingdale Mile (07:35)	59
	Long Beach 5 Miler (45:44)	77
	Blazing Trails 4 Miler (34:57)	77
	Long Beach Turkey Trot 10K (53:01)	71
14	Mccormick, Terence (GLIRC)	503
	Long Beach 10 Miler (1:38:06)	77
	New Hyde Park 8K (34:43)	83
	Massapequa Mile (06:23)	77
	Blazing Trails 4 Miler (27:51)	86
	Great South Bay 1/2 Marathon (1:40:12)	100
	Oysterfest 5K (21:08)	80
15	Stauber, John (We Are Athletes)	496
	Kings Park 15K Championship (1:31:41)	53
	Aspire 10K Championship (0:56:01)	50
	Marcie Mazzola 5k (27:51)	68
	Runday 5K (27:49)	77
	New Hyde Park 8K (44:51)	62
	Bolla Charity 5K (26:58)	80
	Hope Runs Here #2 5K (27:14)	50
	Farmingdale Mile (07:48)	56
16	Millon, Steven (We Are Athletes)	493
	Long Beach Snowflake 4 Mile Run (46:22)	77
	Aspire 10K Championship (1:15:42)	35
	Runday 5K (37:30)	68
	New Hyde Park 8K (1:03:55)	44
	Massapequa Mile (09:40)	68
	Hope Runs Here #2 5K (36:39)	41
	Farmingdale Mile (09:33)	53
	Long Beach 5 Miler (1:07:00)	68

	Blazing Trails 4 Miler (48:07)	68
	Oysterfest 5K (35:28)	47
17	Secor, Rick (GLIRC)	487
	Marcie Mazzola 5k (21:39)	90
	Elizabeth McNamee 5K (21:14)	80
	Runday 5K (22:23)	86
	New Hyde Park 8K (36:23)	71
	Hope Runs Here #2 5K (21:37)	77
	Farmingdale Mile (05:58)	83
18	Shaller, Robert (LIRRC)	466
	Kings Park 15K Championship (1:38:59)	41
	Aspire 10K Championship (1:01:58)	41
	Marcie Mazzola 5k (30:16)	62
	New Hyde Park 8K (51:31)	53
	Hope Runs Here #2 5K (30:20)	44
	Long Beach 5 Miler (50:39)	74
	Blazing Trails 4 Miler (42:04)	74
	Oysterfest 5K (32:27)	50
	Long Beach Turkey Trot 10K (1:03:58)	68
19	Hutchinson, Dean (LIRRC)	461
	Kings Park 15K Championship (1:23:23)	59
	Elizabeth McNamee 5K (22:41)	74
	Massapequa Firecracker Championship 5K (23:02)	62
	Massapequa Mile (06:50)	74
	Hope Runs Here #2 5K (24:11)	59
	Oysterfest 5K (24:10)	59
	Long Beach Turkey Trot 10K (49:42)	74
20	Koenig, Robert (LIRRC)	395
	Elizabeth McNamee 5K (39:00)	53
	New Hyde Park 8K (1:01:38)	47
	Massapequa Firecracker Championship 5K (35:46)	53
	Bellmore Striders Independence Day 4 Mile Run (49:16)	56
	Massapequa Mile (09:54)	65
	Farmingdale Mile (10:12)	50
	Blazing Trails 4 Miler (47:05)	71
21	Tiburzi, Raymond (Northport)	311
	Massapequa Firecracker Championship 5K (21:27)	74
	Massapequa Mile (06:05)	86
	Hope Runs Here #2 5K (21:39)	71
	Farmingdale Mile (05:59)	80
22	Neumann, Dean (Northport)	292
	Kings Park 15K Championship (1:26:38)	56
	Aspire 10K Championship (0:54:00)	53
	Elizabeth McNamee 5K (24:36)	62

	New Hyde Park 8K (40:49)	65
	Hope Runs Here #2 5K (25:40)	56
*	Clifford, John (GLIRC)	151
	Aspire 10K Championship (0:44:47)	74
	New Hyde Park 8K (35:34)	77
*	Herbert, William (Northport)	148
	Kings Park 15K Championship (1:11:45)	77
	Aspire 10K Championship (0:45:14)	71
*	Petsky, Michael (GLIRC)	139
	Elizabeth McNamee 5K (23:13)	71
	Massapequa Firecracker Championship 5K (22:21)	68
*	Wilkowski, Mario (LIRRC)	133
	Bellmore Striders Independence Day 4 Mile Run (29:39)	68
	Hope Runs Here #2 5K (22:27)	65
*	Murray, Thomas (Northport)	121
	Aspire 10K Championship (0:51:24)	56
	Elizabeth McNamee 5K (24:16)	65
*	Simmons, Steven (LIRRC)	118
	Hope Runs Here #2 5K (25:42)	53
	Farmingdale Mile (07:03)	65
*	Fried, Robert (GLIRC)	83
	Long Beach 10 Miler (1:11:12)	83
*	Drueckhammer, Dale (Northport)	83
	Elizabeth McNamee 5K (20:33)	83
*	Weiss, Matthew	68
	Farmingdale Mile (07:00)	68
*	Rockitter, David (GLIRC)	65
	Oysterfest 5K (23:09)	65
*	Masten, Jay (Bohemia Track Club)	62
	Kings Park 15K Championship (1:20:57)	62
*	Segura, Jaime (NHP - Mineola Runners Club)	62
	Oysterfest 5K (23:38)	62
*	Schachner, Larry (LIRRC)	53
	Bellmore Striders Independence Day 4 Mile Run (49:45)	53
Men 60-64		
1	Seferian, Karnik (Northport)	762
	Kings Park 15K Championship (1:10:32)	80
	Aspire 10K Championship (0:45:39)	86
	Marcie Mazzola 5k (22:49)	86
	Run For the Health of It 5K (22:34)	100
	Elizabeth McNamee 5K (21:48)	86
	Long Beach 10 Miler (1:14:40)	90
	Bolla Charity 5K (22:54)	86
	Massapequa Mile (06:10)	100

	Hope Runs Here #2 5K (22:18)	86
	Blazing Trails 4 Miler (27:59)	100
	Oysterfest 5K (21:38)	100
	Long Beach Turkey Trot 10K (45:14)	100
2	Cuozzo, Alex (Bellmore Striders)	706
	Kings Park 15K Championship (1:14:46)	77
	Aspire 10K Championship (0:46:09)	83
	Marcie Mazzola 5k (22:38)	90
	Elizabeth McNamee 5K (21:42)	90
	New Hyde Park 8K (36:02)	83
	Massapequa Mile (06:20)	90
	Hope Runs Here #2 5K (21:56)	90
	Farmingdale Mile (06:28)	83
	Oysterfest 5K (22:29)	90
	Long Beach Turkey Trot 10K (45:25)	90
3	Haughn, Robert (Northport)	669
	Kings Park 15K Championship (1:16:15)	71
	Aspire 10K Championship (0:48:47)	77
	Elizabeth McNamee 5K (22:50)	80
	Runday 5K (24:04)	90
	New Hyde Park 8K (38:26)	80
	Massapequa Firecracker Championship 5K (23:28)	83
	Massapequa Mile (06:59)	83
	Hope Runs Here #2 5K (23:23)	80
	Farmingdale Mile (06:40)	80
	Blazing Trails 4 Miler (30:39)	90
	Oysterfest 5K (23:42)	80
	Long Beach Turkey Trot 10K (49:10)	83
4	McDougall, James (GLIRC)	655
	Aspire 10K Championship (1:05:44)	53
	Elizabeth McNamee 5K (27:25)	62
	Long Beach 10 Miler (1:45:47)	83
	Hope Runs Here #1 5K (29:13)	100
	Massapequa Firecracker Championship 5K (29:37)	74
	Bellmore Striders Independence Day 4 Mile Run (42:46)	83
	Massapequa Mile (08:12)	77
	Hope Runs Here #2 5K (30:28)	68
	Farmingdale Mile (07:53)	68
	Long Beach 5 Miler (51:01)	90
	Blazing Trails 4 Miler (39:44)	80
	Long Beach Turkey Trot 10K (1:02:29)	62
4	Diskin, Patrick (GLIRC)	655
	Aspire 10K Championship (0:48:54)	74
	Elizabeth McNamee 5K (22:57)	77

	Bolla Charity 5K (22:59)	83
	Bellmore Striders Independence Day 4 Mile Run (30:47)	90
	Hope Runs Here #2 5K (23:53)	77
	Farmingdale Mile (06:43)	77
	Long Beach 5 Miler (39:45)	100
	Long Beach Turkey Trot 10K (52:53)	77
6	Daily, Ned (Bellmore Striders)	570
	Kings Park 15K Championship (1:05:02)	90
	Aspire 10K Championship (0:41:39)	90
	Marcie Mazzola 5k (20:16)	100
	New Hyde Park 8K (33:19)	90
	Massapequa Firecracker Championship 5K (20:56)	100
	Hope Runs Here #2 5K (20:29)	100
7	Wallach, Jon (GLIRC)	539
	Kings Park 15K Championship (1:09:17)	83
	Elizabeth McNamee 5K (20:58)	100
	Runday 5K (21:39)	100
	Massapequa Firecracker Championship 5K (21:23)	90
	Blazing Trails 4 Miler (31:25)	86
	Long Beach Turkey Trot 10K (49:21)	80
8	Cheong, Allen (LIRRC)	515
	Aspire 10K Championship (0:54:50)	71
	Marcie Mazzola 5k (25:50)	80
	Elizabeth McNamee 5K (24:40)	68
	Massapequa Mile (07:12)	80
	Hope Runs Here #2 5K (25:11)	74
	Farmingdale Mile (07:02)	71
	Long Beach Turkey Trot 10K (58:21)	71
9	Del-Cid, Vincent (Northport)	496
	Aspire 10K Championship (1:17:19)	47
	Marcie Mazzola 5k (35:57)	68
	Elizabeth McNamee 5K (33:41)	59
	Massapequa Firecracker Championship 5K (34:37)	68
	Hope Runs Here #2 5K (35:49)	62
	Farmingdale Mile (11:25)	65
	Oysterfest 5K (29:56)	68
	Long Beach Turkey Trot 10K (1:08:46)	59
10	Nora, John (LIRRC)	453
	Marcie Mazzola 5k (27:42)	77
	Elizabeth McNamee 5K (26:31)	65
	Runday 5K (27:48)	86
	New Hyde Park 8K (46:15)	74
	Massapequa Firecracker Championship 5K (27:08)	77
	Farmingdale Mile (06:57)	74

11	Guichard, William (Northport)	438
	Kings Park 15K Championship (1:41:54)	50
	Aspire 10K Championship (0:58:46)	59
	Run For the Health of It 5K (27:40)	90
	Elizabeth McNamee 5K (55:11)	56
	Hope Runs Here #2 5K (1:10:53)	59
	Farmingdale Mile (19:53)	62
	Oysterfest 5K (09:08)	62
12	Healy, Timothy (GLIRC)	427
	Massapequa Mile (06:39)	86
	Hope Runs Here #2 5K (23:03)	83
	Farmingdale Mile (06:25)	86
	Oysterfest 5K (22:39)	86
	Long Beach Turkey Trot 10K (45:47)	86
13	Reagan, Ed (Runner's Edge)	400
	Long Beach Snowflake 4 Mile Run (25:03)	100
	Aspire 10K Championship (0:38:05)	100
	Long Beach 10 Miler (1:04:40)	100
	Bolla Charity 5K (19:20)	100
14	Palacios, Jaime (We Are Athletes)	390
	Kings Park 15K Championship (1:01:59)	100
	New Hyde Park 8K (31:58)	100
	Bolla Charity 5K (19:41)	90
	Bellmore Striders Independence Day 4 Mile Run (26:07)	100
15	DeMasters, Drew (LIRRC)	370
	Long Beach Snowflake 4 Mile Run (37:46)	86
	Kings Park 15K Championship (1:38:23)	53
	Long Beach 10 Miler (1:42:08)	86
	New Hyde Park 8K (44:31)	77
	Long Beach Turkey Trot 10K (58:22)	68
16	Mahony, Jim (GLIRC)	347
	Kings Park 15K Championship (1:35:17)	59
	Aspire 10K Championship (0:57:52)	62
	Hope Runs Here #2 5K (27:36)	71
	Great South Bay 1/2 Marathon (2:24:22)	90
	Oysterfest 5K (38:01)	65
17	Abrams, James (Northport)	337
	Aspire 10K Championship (1:01:43)	56
	Marcie Mazzola 5k (28:16)	74
	New Hyde Park 8K (47:00)	71
	Oysterfest 5K (28:32)	71
	Long Beach Turkey Trot 10K (58:27)	65
18	Wolther, Glen (LIRRC)	312
	Long Beach Snowflake 4 Mile Run (30:31)	90

	Kings Park 15K Championship (1:15:04)	74
	Massapequa Firecracker Championship 5K (31:34)	71
	Oysterfest 5K (23:52)	77
19	Parker, Russ (Northport)	299
	Marcie Mazzola 5k (34:59)	71
	Run For the Health of It 5K (36:42)	86
	New Hyde Park 8K (1:04:01)	68
	Massapequa Mile (09:40)	74
20	Klein, Gary (GLIRC)	256
	Elizabeth McNamee 5K (22:05)	83
	Farmingdale Mile (06:19)	90
	Oysterfest 5K (22:51)	83
21	Horan, Thomas (GLIRC)	225
	Elizabeth McNamee 5K (23:21)	71
	Massapequa Firecracker Championship 5K (24:26)	80
	Oysterfest 5K (24:16)	74
22	Radtke, Grant (We Are Athletes)	222
	Kings Park 15K Championship (1:18:53)	65
	Blazing Trails 4 Miler (34:14)	83
	Long Beach Turkey Trot 10K (54:15)	74
23	LaFleur, Louis (GLIRC)	219
	Kings Park 15K Championship (1:24:17)	62
	Marcie Mazzola 5k (25:03)	83
	Elizabeth McNamee 5K (23:13)	74
24	Ramondino, Kenneth (NHP - Mineola Runners Club)	207
	Long Beach Snowflake 4 Mile Run (47:13)	80
	Aspire 10K Championship (1:13:44)	50
	Bellmore Striders Independence Day 4 Mile Run (52:05)	77
25	Gerson, Steve (LIRRC)	204
	Long Beach Snowflake 4 Mile Run (46:22)	83
	New Hyde Park 8K (1:08:26)	65
	Long Beach Turkey Trot 10K (1:19:31)	56
*	Salerni, Paul	172
	New Hyde Park 8K (35:46)	86
	Massapequa Firecracker Championship 5K (21:26)	86
*	Angerame, John (We Are Athletes)	165
	Hope Runs Here #2 5K (34:24)	65
	Great South Bay 1/2 Marathon (2:20:15)	100
*	Inserra, Peter (Northport)	148
	Kings Park 15K Championship (1:18:25)	68
	Aspire 10K Championship (0:47:41)	80
*	Vlachos, Anthony (Northport)	124
	Kings Park 15K Championship (1:37:24)	56
	Aspire 10K Championship (0:56:16)	68

	* Picini, Joseph (The Phoenix Project)	100
	Farmingdale Mile (06:02)	100
	* Cipot, Stephen (NHP - Mineola Runners Club)	86
	Bellmore Striders Independence Day 4 Mile Run (35:59)	86
	* Fleming, Bill (Northport)	86
	Kings Park 15K Championship (1:06:24)	86
	* Lofmark, Bill (We Are Athletes)	80
	Bellmore Striders Independence Day 4 Mile Run (50:43)	80
	* Axelrod, Harold (NHP - Mineola Runners Club)	65
	Aspire 10K Championship (0:56:34)	65
	* Zenkewich, John (GLIRC)	44
	Aspire 10K Championship (1:21:45)	44
Men 65-69		
	1 Zimmer, Eric (Northport)	800
	Long Beach Snowflake 4 Mile Run (29:12)	100
	Kings Park 15K Championship (1:07:59)	100
	Aspire 10K Championship (0:42:46)	100
	Marcie Mazzola 5k (21:23)	100
	Run For the Health of It 5K (21:51)	100
	Elizabeth McNamee 5K (20:52)	100
	Runday 5K (21:23)	100
	New Hyde Park 8K (34:41)	100
	Bolla Charity 5K (21:00)	100
	Massapequa Firecracker Championship 5K (20:38)	100
	Bellmore Striders Independence Day 4 Mile Run (28:04)	100
	Massapequa Mile (06:04)	100
	Hope Runs Here #2 5K (21:22)	100
	Farmingdale Mile (06:01)	100
	Great South Bay 1/2 Marathon (1:38:44)	100
	Oysterfest 5K (22:08)	100
	Long Beach Turkey Trot 10K (44:20)	100
	2 Notarstefano, Frank (GLIRC)	716
	Long Beach Snowflake 4 Mile Run (29:31)	90
	Aspire 10K Championship (0:46:14)	90
	Marcie Mazzola 5k (22:03)	90
	Elizabeth McNamee 5K (21:44)	90
	New Hyde Park 8K (36:27)	86
	Bolla Charity 5K (22:50)	90
	Massapequa Firecracker Championship 5K (21:46)	90
	Bellmore Striders Independence Day 4 Mile Run (29:09)	90
	3 Fairgrieve, Scott (NHP - Mineola Runners Club)	699
	Long Beach Snowflake 4 Mile Run (40:41)	83
	Kings Park 15K Championship (1:33:27)	83
	Aspire 10K Championship (0:56:35)	80

	Long Beach 10 Miler (1:35:30)	100
	Bellmore Striders Independence Day 4 Mile Run (36:21)	83
	Long Beach 5 Miler (45:36)	100
	Blazing Trails 4 Miler (36:07)	90
	Oysterfest 5K (27:21)	80
4	Martin, Peter (GLIRC)	696
	Long Beach Snowflake 4 Mile Run (31:29)	86
	Kings Park 15K Championship (1:17:15)	90
	Aspire 10K Championship (0:49:12)	86
	Marcie Mazzola 5k (23:47)	86
	Runday 5K (24:41)	86
	Bolla Charity 5K (24:09)	86
	Bellmore Striders Independence Day 4 Mile Run (32:45)	86
	Hope Runs Here #2 5K (23:35)	90
	Oysterfest 5K (24:31)	86
5	Garguilo, Anthony (Northport)	683
	Kings Park 15K Championship (1:18:46)	86
	Aspire 10K Championship (0:51:26)	83
	Marcie Mazzola 5k (25:04)	83
	Elizabeth McNamee 5K (24:18)	86
	Massapequa Firecracker Championship 5K (24:48)	83
	Massapequa Mile (07:38)	86
	Hope Runs Here #2 5K (25:29)	83
	Great South Bay 1/2 Marathon (1:54:54)	90
	Oysterfest 5K (24:50)	83
	Long Beach Turkey Trot 10K (50:33)	86
6	Golos, Ehud (We Are Athletes)	653
	Kings Park 15K Championship (1:37:26)	80
	Runday 5K (28:52)	83
	New Hyde Park 8K (45:48)	83
	Massapequa Firecracker Championship 5K (29:15)	77
	Bellmore Striders Independence Day 4 Mile Run (39:04)	80
	Massapequa Mile (07:43)	83
	Hope Runs Here #2 5K (28:20)	77
	Farmingdale Mile (07:39)	90
	Oysterfest 5K (29:00)	74
7	Momtahn, Shawn (LIRRC)	652
	Aspire 10K Championship (0:59:35)	77
	Marcie Mazzola 5k (30:07)	77
	Elizabeth McNamee 5K (27:53)	80
	New Hyde Park 8K (47:04)	80
	Bolla Charity 5K (28:07)	83
	Massapequa Mile (08:22)	80
	Hope Runs Here #2 5K (26:50)	80

	Farmingdale Mile (07:43)	86
	Blazing Trails 4 Miler (37:59)	86
	Oysterfest 5K (28:41)	77
8	Zeichner, Perry (We Are Athletes)	644
	Kings Park 15K Championship (1:43:17)	77
	Aspire 10K Championship (1:06:02)	71
	Elizabeth McNamee 5K (28:53)	77
	Runday 5K (29:53)	80
	New Hyde Park 8K (47:34)	77
	Bellmore Striders Independence Day 4 Mile Run (40:52)	77
	Long Beach 5 Miler (50:06)	90
	Blazing Trails 4 Miler (38:47)	83
	Oysterfest 5K (29:20)	71
	Long Beach Turkey Trot 10K (1:01:19)	83
9	Neverka, John (GLIRC)	546
	Runday 5K (23:10)	90
	New Hyde Park 8K (36:19)	90
	Massapequa Firecracker Championship 5K (22:06)	86
	Blazing Trails 4 Miler (30:04)	100
	Oysterfest 5K (22:33)	90
	Long Beach Turkey Trot 10K (47:14)	90
10	O'Donnell, Daniel (Northport)	542
	Marcie Mazzola 5k (31:45)	74
	Elizabeth McNamee 5K (29:51)	74
	Massapequa Firecracker Championship 5K (29:07)	80
	Massapequa Mile (08:27)	77
	Hope Runs Here #2 5K (32:32)	74
	Farmingdale Mile (08:05)	83
	Long Beach Turkey Trot 10K (1:03:07)	80
11	Morse, Glenn (GLIRC)	537
	Aspire 10K Championship (1:03:42)	74
	Run For the Health of It 5K (33:33)	90
	Runday 5K (35:54)	77
	Bolla Charity 5K (31:57)	80
	Hope Runs Here #2 5K (48:54)	68
	Farmingdale Mile (10:00)	80
	Oysterfest 5K (31:32)	68
12	Drezen, Warren (MRR)	324
	Long Beach 10 Miler (2:16:11)	90
	Massapequa Firecracker Championship 5K (35:37)	74
	Bellmore Striders Independence Day 4 Mile Run (50:13)	74
	Great South Bay 1/2 Marathon (2:55:33)	86
13	von Thaden, Henry (GLIRC)	249
	Marcie Mazzola 5k (25:48)	80

	Elizabeth McNamee 5K (24:42)	83
	Hope Runs Here #2 5K (24:35)	86
	* Brida, Joseph (We Are Athletes)	190
	Hope Runs Here #1 5K (23:53)	100
	Massapequa Mile (06:39)	90
	* Ginsberg, Jeffrey (We Are Athletes)	148
	Hope Runs Here #2 5K (43:14)	71
	Farmingdale Mile (12:07)	77
Men 70-74		
	1 Frisone, David (LIRRC)	800
	Kings Park 15K Championship (1:23:32)	100
	Aspire 10K Championship (0:52:59)	100
	Marcie Mazzola 5k (25:31)	100
	Elizabeth McNamee 5K (24:33)	100
	Runday 5K (24:48)	100
	Bolla Charity 5K (24:33)	100
	Massapequa Firecracker Championship 5K (24:41)	100
	Bellmore Striders Independence Day 4 Mile Run (35:32)	100
	Hope Runs Here #2 5K (25:48)	100
	Farmingdale Mile (07:02)	100
	Long Beach 5 Miler (40:38)	100
	Oysterfest 5K (25:13)	100
	2 Patterson, Robert (LIRRC)	746
	Long Beach Snowflake 4 Mile Run (35:29)	100
	Kings Park 15K Championship (1:33:23)	83
	Marcie Mazzola 5k (28:25)	86
	Elizabeth McNamee 5K (28:13)	86
	New Hyde Park 8K (50:03)	90
	Massapequa Firecracker Championship 5K (30:28)	86
	Massapequa Mile (07:55)	100
	Hope Runs Here #2 5K (27:43)	86
	Farmingdale Mile (07:39)	90
	Blazing Trails 4 Miler (37:00)	90
	Oysterfest 5K (27:13)	90
	Long Beach Turkey Trot 10K (55:44)	100
	3 Rossi, Victor (GLIRC)	726
	Kings Park 15K Championship (1:45:51)	80
	Aspire 10K Championship (0:56:19)	90
	Marcie Mazzola 5k (27:38)	90
	Elizabeth McNamee 5K (26:16)	90
	Runday 5K (27:01)	90
	Blazing Trails 4 Miler (35:55)	100
	Great South Bay 1/2 Marathon (2:07:29)	100
	Oysterfest 5K (28:17)	86

4	Cragg, Howard (GLIRC)	715
	Kings Park 15K Championship (1:32:40)	86
	Aspire 10K Championship (0:59:31)	86
	New Hyde Park 8K (46:40)	100
	Bolla Charity 5K (28:08)	90
	Massapequa Firecracker Championship 5K (28:22)	90
	Bellmore Striders Independence Day 4 Mile Run (39:35)	90
	Hope Runs Here #2 5K (29:49)	83
	Long Beach 5 Miler (54:55)	90
5	Fetscher, Paul	523
	Kings Park 15K Championship (1:54:15)	74
	Long Beach 10 Miler (2:00:50)	100
	Hope Runs Here #1 5K (36:29)	100
	Bellmore Striders Independence Day 4 Mile Run (47:44)	83
	Long Beach 5 Miler (58:48)	83
	Blazing Trails 4 Miler (46:05)	83
6	Salow, Joseph (NHP - Mineola Runners Club)	412
	Kings Park 15K Championship (1:49:25)	77
	Aspire 10K Championship (1:04:56)	80
	Bellmore Striders Independence Day 4 Mile Run (42:55)	86
	Blazing Trails 4 Miler (41:43)	86
	Oysterfest 5K (32:20)	83
*	Marotta, Lenny (GLIRC)	169
	Elizabeth McNamee 5K (32:01)	83
	Long Beach 5 Miler (56:10)	86
*	Stein, Alan (GLIRC)	90
	Hope Runs Here #2 5K (27:37)	90
*	Wong, FY (We Are Athletes)	90
	Kings Park 15K Championship (1:25:46)	90
*	Hickey, Gabriel (We Are Athletes)	86
	Farmingdale Mile (08:38)	86
*	Conroy, Stephen	83
	Aspire 10K Championship (1:01:59)	83
Men 75-79		
1	Wallace, John (GLIRC)	800
	Long Beach Snowflake 4 Mile Run (40:59)	100
	Aspire 10K Championship (1:01:14)	100
	Marcie Mazzola 5k (30:07)	100
	Run For the Health of It 5K (30:07)	100
	Bellmore Striders Independence Day 4 Mile Run (41:38)	100
	Massapequa Mile (09:09)	86
	Hope Runs Here #2 5K (30:19)	100
	Farmingdale Mile (08:54)	86
	Long Beach 5 Miler (51:17)	100

	Blazing Trails 4 Miler (40:23)	100
2	Ogazon, Michael (LIRRC)	750
	Long Beach Snowflake 4 Mile Run (44:28)	90
	Kings Park 15K Championship (1:59:39)	90
	Marcie Mazzola 5k (37:57)	90
	Elizabeth McNamee 5K (35:42)	90
	Runday 5K (36:11)	100
	New Hyde Park 8K (58:15)	100
	Bolla Charity 5K (36:15)	90
	Bellmore Striders Independence Day 4 Mile Run (51:09)	86
	Massapequa Mile (09:58)	83
	Hope Runs Here #2 5K (34:55)	90
	Blazing Trails 4 Miler (46:20)	86
	Oysterfest 5K (34:22)	100
2	Cordero, Joe	750
	Long Beach Snowflake 4 Mile Run (45:43)	86
	Elizabeth McNamee 5K (29:37)	100
	Runday 5K (37:52)	90
	Massapequa Firecracker Championship 5K (33:04)	100
	Massapequa Mile (08:54)	90
	Farmingdale Mile (08:44)	90
	Long Beach 5 Miler (1:01:08)	90
	Blazing Trails 4 Miler (41:51)	90
	Long Beach Turkey Trot 10K (1:08:40)	100
4	Hershkowitz, Norman (GLIRC)	696
	Long Beach Snowflake 4 Mile Run (57:45)	83
	Aspire 10K Championship (1:30:00)	86
	Marcie Mazzola 5k (44:19)	86
	Elizabeth McNamee 5K (44:12)	86
	Runday 5K (42:40)	86
	Bolla Charity 5K (41:59)	86
	Massapequa Firecracker Championship 5K (43:26)	90
	Bellmore Striders Independence Day 4 Mile Run (58:09)	83
	Massapequa Mile (13:02)	80
	Hope Runs Here #2 5K (43:50)	86
	Farmingdale Mile (13:25)	83
	Blazing Trails 4 Miler (56:09)	83
	Oysterfest 5K (45:26)	90
5	Patino, Antonio (LIRRC)	380
	Kings Park 15K Championship (1:49:08)	100
	Aspire 10K Championship (1:14:11)	90
	Bolla Charity 5K (34:00)	100
	Bellmore Striders Independence Day 4 Mile Run (46:46)	90
6	McCann, Curt (MRR)	326

	Elizabeth McNamee 5K (55:48)	83
	Massapequa Firecracker Championship 5K (50:22)	86
	Bellmore Striders Independence Day 4 Mile Run (09:11)	80
	Hope Runs Here #2 5K (52:32)	77
7	Robinson, Curt (We Are Athletes)	326
	Elizabeth McNamee 5K (55:48)	83
	Massapequa Firecracker Championship 5K (50:22)	86
	Bellmore Striders Independence Day 4 Mile Run (09:11)	80
	Hope Runs Here #2 5K (52:32)	77
8	Aronowsky, Barry (Northport)	253
	Run For the Health of It 5K (51:51)	90
	Runday 5K (52:12)	83
	Hope Runs Here #2 5K (52:28)	80
*	Muhrcke, Gary	200
	Massapequa Mile (07:25)	100
	Farmingdale Mile (07:24)	100
*	Polansky, Mike (GLIRC)	169
	Hope Runs Here #2 5K (47:38)	83
	Oysterfest 5K (51:28)	86
Men 80-84		
1	Morales, Carlos	800
	Long Beach Snowflake 4 Mile Run (47:30)	100
	Kings Park 15K Championship (1:59:41)	100
	Aspire 10K Championship (1:13:33)	100
	Massapequa Firecracker Championship 5K (35:24)	100
	Hope Runs Here #2 5K (35:12)	100
	Farmingdale Mile (09:33)	100
	Long Beach 5 Miler (1:03:56)	100
	Blazing Trails 4 Miler (45:22)	100
	Oysterfest 5K (34:24)	100
*	Hanley, Jack (We Are Athletes)	100
	Elizabeth McNamee 5K (33:45)	100
*	Fuchs, Steven	90
	Elizabeth McNamee 5K (37:16)	90
Men > 84		
1	Jablon, Bert (GLIRC)	800
	Long Beach Snowflake 4 Mile Run (1:05:42)	100
	Marcie Mazzola 5k (48:00)	100
	Elizabeth McNamee 5K (45:33)	100
	Runday 5K (47:17)	100
	New Hyde Park 8K (1:14:07)	100
	Massapequa Firecracker Championship 5K (44:53)	100
	Bellmore Striders Independence Day 4 Mile Run (58:55)	100
	Massapequa Mile (13:47)	100

	Hope Runs Here #2 5K (45:58)	100
	Farmingdale Mile (13:39)	100
	Long Beach 5 Miler (1:18:52)	100
	Oysterfest 5K (49:01)	100
2	Kestenbaum, Howard (GLIRC)	750
	Aspire 10K Championship (1:49:55)	100
	Elizabeth McNamee 5K (56:54)	86
	Runday 5K (55:29)	90
	New Hyde Park 8K (1:28:57)	90
	Bolla Charity 5K (54:09)	100
	Massapequa Firecracker Championship 5K (53:33)	90
	Bellmore Striders Independence Day 4 Mile Run (46:45)	90
	Long Beach 5 Miler (1:21:59)	90
	Blazing Trails 4 Miler (1:07:11)	100
	Oysterfest 5K (51:31)	90
*	Winkler, Jules	90
	Elizabeth McNamee 5K (50:43)	90