

<b>Men &lt; 24</b>		
<b>1</b>	<b>Quinn, Bradley (GLIRC)</b>	<b>730</b>
	Kings Park 15K Championship (1:05:59)	77
	Aspire 10K Championship (0:43:29)	80
	Marcie Mazzola 5k (21:01)	80
	Run For the Health of It 5K (21:31)	100
	Elizabeth McNamee 5K (20:30)	80
	Runday 5K (21:17)	90
	New Hyde Park 8K (34:08)	71
	Bolla Charity 5K (21:15)	100
	Massapequa Firecracker Championship 5K (20:40)	71
	Bellmore Striders Independence Day 4 Mile Run (28:16)	90
	Hope Runs Here #2 5K (21:28)	74
	Farmingdale Mile (05:39)	71
	Long Beach 5 Miler (36:21)	100
	Great South Bay 1/2 Marathon (1:43:28)	90
<b>2</b>	<b>Diaz, Anthony (Runner's Edge)</b>	<b>705</b>
	Kings Park 15K Championship (1:04:40)	83
	Aspire 10K Championship (0:38:17)	86
	Massapequa Firecracker Championship 5K (18:02)	86
	Bellmore Striders Independence Day 4 Mile Run (24:06)	100
	Massapequa Mile (05:15)	80
	Hope Runs Here #2 5K (18:09)	90
	Farmingdale Mile (04:52)	90
	Blazing Trails 4 Miler (23:07)	90
<b>3</b>	<b>Mihailin, Thomas (Northport)</b>	<b>679</b>
	Kings Park 15K Championship (1:01:58)	86
	Aspire 10K Championship (0:39:06)	83
	Marcie Mazzola 5k (19:17)	86
	Elizabeth McNamee 5K (18:33)	86
	New Hyde Park 8K (31:38)	80
	Massapequa Firecracker Championship 5K (18:45)	80
	Hope Runs Here #2 5K (18:20)	86
	Farmingdale Mile (04:55)	86
	Blazing Trails 4 Miler (24:00)	86
<b>4</b>	<b>Eletto, Alex (Northport)</b>	<b>646</b>
	Kings Park 15K Championship (0:58:01)	90
	Aspire 10K Championship (0:36:26)	90
	Marcie Mazzola 5k (17:44)	90
	Elizabeth McNamee 5K (17:06)	90
	New Hyde Park 8K (28:12)	86
	Hope Runs Here #2 5K (17:37)	100
	Blazing Trails 4 Miler (22:55)	100
<b>5</b>	<b>Darnell, Mike (Bellmore Striders)</b>	<b>600</b>

	Kings Park 15K Championship (0:51:59)	100
	Aspire 10K Championship (0:33:05)	100
	Marcie Mazzola 5k (16:02)	100
	Elizabeth McNamee 5K (16:02)	100
	New Hyde Park 8K (26:16)	100
	Massapequa Firecracker Championship 5K (15:47)	100
<b>6</b>	<b>Naughton, Nevan (We Are Athletes)</b>	<b>533</b>
	Aspire 10K Championship (0:46:10)	74
	Marcie Mazzola 5k (20:48)	83
	Elizabeth McNamee 5K (20:02)	83
	New Hyde Park 8K (33:57)	74
	Massapequa Firecracker Championship 5K (20:49)	68
	Massapequa Mile (05:44)	77
	Farmingdale Mile (05:38)	74
<b>7</b>	<b>McKeon, John (GLIRC)</b>	<b>343</b>
	Hope Runs Here #2 5K (19:19)	77
	Farmingdale Mile (05:13)	83
	Blazing Trails 4 Miler (25:50)	83
	Great South Bay 1/2 Marathon (1:40:08)	100
<b>8</b>	<b>Cuozzo, Leonardo (Bellmore Striders)</b>	<b>329</b>
	Kings Park 15K Championship (1:05:41)	80
	New Hyde Park 8K (30:51)	83
	Massapequa Mile (05:13)	86
	Hope Runs Here #2 5K (19:12)	80
<b>9</b>	<b>Cueter, Joseph (Bellmore Striders)</b>	<b>228</b>
	Kings Park 15K Championship (1:18:50)	74
	Massapequa Firecracker Championship 5K (20:09)	74
	Farmingdale Mile (05:21)	80
<b>10</b>	<b>Schwab, John (Bellmore/North Bellmore PAL)</b>	<b>219</b>
	Bellmore Striders Independence Day 4 Mile Run (29:13)	86
	Massapequa Mile (05:55)	68
	Farmingdale Mile (05:46)	65
*	<b>Smith, Colm (Long Island Alliance)</b>	<b>183</b>
	Massapequa Firecracker Championship 5K (18:10)	83
	Massapequa Mile (05:04)	100
*	<b>Addison, Alexander (TSC Track Club)</b>	<b>180</b>
	Runday 5K (19:20)	100
	Bellmore Striders Independence Day 4 Mile Run (41:11)	80
*	<b>Richards, Joe (Bellmore Striders)</b>	<b>154</b>
	New Hyde Park 8K (32:00)	77
	Massapequa Firecracker Championship 5K (18:46)	77
*	<b>Scotto, Anthony (Bellmore/North Bellmore PAL)</b>	<b>139</b>
	Massapequa Mile (05:55)	71
	Farmingdale Mile (05:46)	68

* <b>Contreras, Isayah</b>	<b>136</b>
Massapequa Mile (05:49)	74
Farmingdale Mile (05:48)	62
* <b>Contreras, Isaac</b>	<b>121</b>
Massapequa Mile (06:28)	62
Farmingdale Mile (06:28)	59
* <b>Badolato, Nicholas (Bellmore/North Bellmore PAL)</b>	<b>112</b>
Massapequa Mile (06:36)	59
Farmingdale Mile (06:38)	53
* <b>Parker, Lucas</b>	<b>103</b>
Massapequa Mile (07:09)	56
Farmingdale Mile (07:17)	47
* <b>Smyth, Patrick</b>	<b>100</b>
Farmingdale Mile (04:51)	100
* <b>Martinez, Diego (Bellmore/North Bellmore PAL)</b>	<b>94</b>
Massapequa Mile (07:19)	50
Farmingdale Mile (07:22)	44
* <b>Anderson, Ryan (Bellmore/North Bellmore PAL)</b>	<b>91</b>
Massapequa Mile (07:14)	53
Farmingdale Mile (07:34)	38
* <b>Clifford, Ryan (GLIRC)</b>	<b>90</b>
New Hyde Park 8K (26:30)	90
* <b>Cooney, Patrick (Northport)</b>	<b>90</b>
Run For the Health of It 5K (25:14)	90
* <b>Jarvis, Sharif (Elitefeats)</b>	<b>90</b>
Massapequa Firecracker Championship 5K (15:58)	90
* <b>Fiedtkou, Caleb (Runner's Edge)</b>	<b>90</b>
Massapequa Mile (05:08)	90
* <b>Panju, Mikael (Bellmore/North Bellmore PAL)</b>	<b>88</b>
Massapequa Mile (07:30)	47
Farmingdale Mile (07:33)	41
* <b>Bruder, Peter (Northport)</b>	<b>86</b>
Run For the Health of It 5K (25:37)	86
* <b>Dachille, James (NHP - Mineola Runners Club)</b>	<b>83</b>
Hope Runs Here #2 5K (18:38)	83
* <b>LaMassa, Charlie (Long Island Alliance)</b>	<b>83</b>
Massapequa Mile (05:15)	83
* <b>Perez, Steven (Bellmore/North Bellmore PAL)</b>	<b>83</b>
Bellmore Striders Independence Day 4 Mile Run (30:58)	83
* <b>Morelli, Jack (Northport)</b>	<b>83</b>
Run For the Health of It 5K (26:03)	83
* <b>Van Nostrand, Daniel (Rolling Thunder)</b>	<b>80</b>
Blazing Trails 4 Miler (27:44)	80
* <b>Schmuck, John</b>	<b>77</b>

	Farmingdale Mile (05:32)	77
*	<b>Choinski, Joseph (Rolling Thunder)</b>	<b>77</b>
	Aspire 10K Championship (0:45:05)	77
*	<b>Kavanagh, Christopher (Rolling Thunder)</b>	<b>77</b>
	Blazing Trails 4 Miler (29:16)	77
*	<b>Lang, Thomas</b>	<b>74</b>
	Blazing Trails 4 Miler (32:13)	74
*	<b>Clements, Brayden (Rolling Thunder)</b>	<b>71</b>
	Aspire 10K Championship (0:52:15)	71
*	<b>Mikowski, Paul (Rolling Thunder)</b>	<b>71</b>
	Blazing Trails 4 Miler (33:45)	71
*	<b>Van Nostrand, Ethan (Rolling Thunder)</b>	<b>68</b>
	Blazing Trails 4 Miler (34:06)	68
*	<b>Conklin, Brandon (We Are Athletes)</b>	<b>65</b>
	Massapequa Mile (06:00)	65
*	<b>Anzaldi, Frank</b>	<b>65</b>
	Blazing Trails 4 Miler (35:03)	65
*	<b>Modica, Jack (Rolling Thunder)</b>	<b>62</b>
	Blazing Trails 4 Miler (38:03)	62
*	<b>Lipponer, Roberto (Rolling Thunder)</b>	<b>59</b>
	Blazing Trails 4 Miler (53:13)	59
*	<b>Brosnan, Jack</b>	<b>56</b>
	Farmingdale Mile (06:33)	56
*	<b>Romao, Ephrem</b>	<b>56</b>
	Blazing Trails 4 Miler (56:08)	56
*	<b>Romao, Xavier</b>	<b>53</b>
	Blazing Trails 4 Miler (56:27)	53
*	<b>Ramirez, Alexander (Bellmore/North Bellmore PAL)</b>	<b>50</b>
	Farmingdale Mile (06:59)	50
<b>Men 25-29</b>		
<b>1</b>	<b>Grieco, Joseph (We Are Athletes)</b>	<b>800</b>
	Aspire 10K Championship (0:34:21)	100
	Marcie Mazzola 5k (16:04)	100
	Elizabeth McNamee 5K (15:44)	100
	New Hyde Park 8K (26:47)	100
	Massapequa Firecracker Championship 5K (16:14)	100
	Massapequa Mile (04:25)	100
	Hope Runs Here #2 5K (15:53)	100
	Farmingdale Mile (04:17)	100
<b>2</b>	<b>Schneider, Alex (Runner's Edge)</b>	<b>725</b>
	Long Beach Snowflake 4 Mile Run (23:10)	100
	Elizabeth McNamee 5K (17:14)	86
	Long Beach 10 Miler (0:59:32)	100
	New Hyde Park 8K (28:33)	90

	Massapequa Firecracker Championship 5K (16:58)	90
	Massapequa Mile (05:02)	83
	Hope Runs Here #2 5K (17:14)	90
	Farmingdale Mile (05:15)	86
<b>3</b>	<b>Williams, Raymond (We Are Athletes)</b>	<b>670</b>
	Kings Park 15K Championship (1:04:12)	86
	Aspire 10K Championship (0:41:03)	83
	Marcie Mazzola 5k (19:48)	77
	Elizabeth McNamee 5K (19:27)	83
	New Hyde Park 8K (32:16)	86
	Massapequa Firecracker Championship 5K (20:10)	83
	Massapequa Mile (05:11)	80
	Hope Runs Here #2 5K (20:26)	86
	Farmingdale Mile (05:17)	83
<b>4</b>	<b>Napoleon, Andrew (Northport)</b>	<b>332</b>
	Kings Park 15K Championship (1:04:58)	83
	Aspire 10K Championship (0:40:25)	86
	Marcie Mazzola 5k (19:17)	80
	New Hyde Park 8K (33:07)	83
<b>5</b>	<b>Afanador, Jonathan (We Are Athletes)</b>	<b>266</b>
	Marcie Mazzola 5k (17:15)	86
	Massapequa Mile (04:37)	90
	Farmingdale Mile (04:36)	90
<b>6</b>	<b>Korniev, Anton (Bellmore Striders)</b>	<b>263</b>
	Kings Park 15K Championship (0:59:55)	90
	Aspire 10K Championship (0:35:40)	90
	Marcie Mazzola 5k (17:22)	83
*	<b>Ingram, Walter (Northport)</b>	<b>190</b>
	Kings Park 15K Championship (0:52:57)	100
	Elizabeth McNamee 5K (16:44)	90
*	<b>Filippazzo, Nicholas</b>	<b>100</b>
	Bellmore Striders Independence Day 4 Mile Run (19:41)	100
*	<b>Gargaro, Dan</b>	<b>90</b>
	Marcie Mazzola 5k (16:08)	90
*	<b>Coelho, Andrew (Runner's Edge)</b>	<b>86</b>
	Massapequa Firecracker Championship 5K (17:17)	86
*	<b>Culhane, Colin (We Are Athletes)</b>	<b>86</b>
	Massapequa Mile (04:44)	86
<b>Men 30-34</b>		
<b>1</b>	<b>Murray, Edward (We Are Athletes)</b>	<b>790</b>
	Long Beach Snowflake 4 Mile Run (23:27)	100
	Kings Park 15K Championship (0:57:09)	100
	Aspire 10K Championship (0:36:24)	90
	Marcie Mazzola 5k (17:33)	100

	Elizabeth McNamee 5K (16:58)	100
	Long Beach 10 Miler (0:58:57)	100
	Hope Runs Here #1 5K (17:20)	100
	Massapequa Firecracker Championship 5K (17:54)	80
	Bellmore Striders Independence Day 4 Mile Run (23:15)	100
<b>2</b>	<b>Joseph, Ronald (Runner's Edge)</b>	<b>753</b>
	Aspire 10K Championship (0:35:29)	100
	Elizabeth McNamee 5K (17:14)	90
	Runday 5K (17:32)	100
	New Hyde Park 8K (28:58)	100
	Massapequa Firecracker Championship 5K (17:02)	90
	Massapequa Mile (04:54)	90
	Hope Runs Here #2 5K (17:14)	100
	Farmingdale Mile (05:15)	83
<b>3</b>	<b>Luxenberg, Scott (We Are Athletes)</b>	<b>634</b>
	Kings Park 15K Championship (1:23:45)	77
	Aspire 10K Championship (0:53:26)	77
	Marcie Mazzola 5k (25:28)	80
	Elizabeth McNamee 5K (25:42)	83
	Massapequa Firecracker Championship 5K (26:05)	68
	Bellmore Striders Independence Day 4 Mile Run (38:55)	86
	Hope Runs Here #2 5K (27:47)	86
	Farmingdale Mile (06:56)	77
<b>4</b>	<b>Diaz, Franklin (Runner's Edge)</b>	<b>629</b>
	Kings Park 15K Championship (1:03:37)	90
	Aspire 10K Championship (0:36:47)	83
	Massapequa Firecracker Championship 5K (17:26)	86
	Bellmore Striders Independence Day 4 Mile Run (23:40)	90
	Hope Runs Here #2 5K (18:25)	90
	Farmingdale Mile (04:59)	90
	Blazing Trails 4 Miler (23:19)	100
<b>5</b>	<b>Koegel, Christopher (GLIRC)</b>	<b>439</b>
	Aspire 10K Championship (0:36:37)	86
	Marcie Mazzola 5k (17:38)	90
	Long Beach 10 Miler (1:01:49)	90
	New Hyde Park 8K (29:08)	90
	Massapequa Firecracker Championship 5K (17:29)	83
<b>6</b>	<b>Gendy, Joseph (GLIRC)</b>	<b>332</b>
	Kings Park 15K Championship (1:03:47)	86
	Marcie Mazzola 5k (19:43)	86
	Massapequa Firecracker Championship 5K (19:23)	77
	Massapequa Mile (05:21)	83
<b>6</b>	<b>Meyer, Joe</b>	<b>332</b>
	Elizabeth McNamee 5K (19:16)	86

	Massapequa Firecracker Championship 5K (20:54)	74
	Massapequa Mile (05:16)	86
	Farmingdale Mile (05:11)	86
<b>8</b>	<b>Demeri, Ryan (GLIRC)</b>	<b>234</b>
	Kings Park 15K Championship (1:15:50)	80
	Marcie Mazzola 5k (24:45)	83
	Massapequa Firecracker Championship 5K (22:43)	71
*	<b>Mahon, Sean (Bellmore Striders)</b>	<b>200</b>
	Massapequa Firecracker Championship 5K (16:21)	100
	Massapequa Mile (04:51)	100
*	<b>Waters, Steven (Bellmore Striders)</b>	<b>160</b>
	Massapequa Mile (05:37)	80
	Farmingdale Mile (05:28)	80
*	<b>Ogueri, Chinedu (We Are Athletes)</b>	<b>100</b>
	Farmingdale Mile (04:55)	100
*	<b>Roertgen, Christopher</b>	<b>83</b>
	Kings Park 15K Championship (1:08:18)	83
*	<b>O'Toole, Kevin (LIRRC)</b>	<b>80</b>
	Aspire 10K Championship (0:42:54)	80
<b>Men 35-39</b>		
<b>1</b>	<b>Hampton, Trent (We Are Athletes)</b>	<b>770</b>
	Kings Park 15K Championship (1:06:50)	83
	Aspire 10K Championship (0:40:12)	86
	Marcie Mazzola 5k (19:00)	86
	Run For the Health of It 5K (19:53)	100
	Elizabeth McNamee 5K (18:30)	90
	Runday 5K (20:25)	90
	Long Beach 10 Miler (1:08:58)	100
	New Hyde Park 8K (31:54)	86
	Massapequa Firecracker Championship 5K (18:33)	90
	Bellmore Striders Independence Day 4 Mile Run (25:03)	100
	Massapequa Mile (04:58)	90
	Hope Runs Here #2 5K (18:51)	90
	Farmingdale Mile (04:53)	100
	Blazing Trails 4 Miler (25:20)	100
<b>1</b>	<b>Lynch, Joseph (Bellmore Striders)</b>	<b>770</b>
	Kings Park 15K Championship (1:00:34)	90
	Aspire 10K Championship (0:38:30)	90
	Marcie Mazzola 5k (18:40)	90
	Elizabeth McNamee 5K (18:10)	100
	New Hyde Park 8K (30:57)	100
	Bolla Charity 5K (18:09)	100
	Massapequa Mile (05:12)	83
	Hope Runs Here #2 5K (18:29)	100

	Great South Bay 1/2 Marathon (1:27:31)	100
<b>3</b>	<b>Brito, Romulo (LIRRC)</b>	<b>672</b>
	Long Beach Snowflake 4 Mile Run (29:25)	90
	Kings Park 15K Championship (1:14:29)	80
	Aspire 10K Championship (0:47:26)	80
	Marcie Mazzola 5k (22:05)	77
	Elizabeth McNamee 5K (21:38)	86
	New Hyde Park 8K (36:05)	83
	Long Beach 5 Miler (38:35)	90
	Blazing Trails 4 Miler (29:42)	86
<b>4</b>	<b>Monkowski, Matthew (LIRRC)</b>	<b>665</b>
	Aspire 10K Championship (0:55:18)	77
	Elizabeth McNamee 5K (23:29)	83
	Long Beach 10 Miler (1:34:14)	90
	New Hyde Park 8K (40:46)	80
	Massapequa Firecracker Championship 5K (25:11)	80
	Bellmore Striders Independence Day 4 Mile Run (35:54)	83
	Massapequa Mile (09:26)	77
	Hope Runs Here #2 5K (24:28)	83
	Farmingdale Mile (11:01)	80
	Great South Bay 1/2 Marathon (1:59:57)	86
<b>5</b>	<b>Jensen, Joseph (Northport)</b>	<b>598</b>
	Kings Park 15K Championship (1:04:12)	86
	Marcie Mazzola 5k (19:18)	83
	New Hyde Park 8K (31:19)	90
	Massapequa Firecracker Championship 5K (19:28)	86
	Bellmore Striders Independence Day 4 Mile Run (25:36)	90
	Massapequa Mile (05:41)	80
	Farmingdale Mile (05:32)	83
<b>6</b>	<b>Lopez-Merlos, David (Northport)</b>	<b>476</b>
	Kings Park 15K Championship (0:58:16)	100
	Marcie Mazzola 5k (18:33)	100
	Massapequa Firecracker Championship 5K (18:23)	100
	Massapequa Mile (05:04)	86
	Farmingdale Mile (05:09)	90
<b>7</b>	<b>Palma, Luis (Elitefeats)</b>	<b>280</b>
	Long Beach 5 Miler (33:10)	100
	Blazing Trails 4 Miler (25:27)	90
	Great South Bay 1/2 Marathon (1:31:30)	90
<b>8</b>	<b>Mandato, Michael (Northport)</b>	<b>240</b>
	Kings Park 15K Championship (1:16:48)	77
	Aspire 10K Championship (0:45:46)	83
	Marcie Mazzola 5k (22:01)	80
*	<b>Drebsky, David (GLIRC)</b>	<b>174</b>



	Long Beach Snowflake 4 Mile Run (28:36)	100
	Aspire 10K Championship (1:00:42)	74
	<b>* Lorenz, Carl (GLIRC)</b>	<b>169</b>
	Massapequa Firecracker Championship 5K (22:33)	83
	Bellmore Striders Independence Day 4 Mile Run (28:47)	86
	<b>* Cuomo, Steven (Rolling Thunder)</b>	<b>100</b>
	Aspire 10K Championship (0:38:04)	100
	<b>* Nastasi, Salvatore (Bellmore Striders)</b>	<b>100</b>
	Massapequa Mile (04:47)	100
	<b>* Dagan, Brendan (Elitefeats)</b>	<b>100</b>
	Runday 5K (18:34)	100
	<b>* Krahel, Bryan (Northport)</b>	<b>86</b>
	Hope Runs Here #2 5K (22:12)	86
	<b>* Vichman, Ronnie (Elitefeats)</b>	<b>86</b>
	Farmingdale Mile (05:30)	86
<b>Men 40-44</b>		
	<b>1 Ramirez, Jason (Bellmore Striders)</b>	<b>732</b>
	Kings Park 15K Championship (1:03:04)	86
	Aspire 10K Championship (0:39:22)	100
	Marcie Mazzola 5k (19:08)	90
	Elizabeth McNamee 5K (18:42)	86
	New Hyde Park 8K (31:22)	90
	Massapequa Firecracker Championship 5K (19:23)	86
	Massapequa Mile (05:24)	90
	Hope Runs Here #2 5K (19:13)	100
	Farmingdale Mile (05:18)	90
	<b>2 Beavers, Ben (We Are Athletes)</b>	<b>696</b>
	Kings Park 15K Championship (1:15:06)	74
	Aspire 10K Championship (0:47:07)	77
	Marcie Mazzola 5k (22:32)	77
	Run For the Health of It 5K (23:33)	86
	Elizabeth McNamee 5K (22:08)	74
	Runday 5K (23:50)	100
	Long Beach 10 Miler (1:22:52)	90
	New Hyde Park 8K (37:39)	77
	Massapequa Firecracker Championship 5K (23:17)	74
	Bellmore Striders Independence Day 4 Mile Run (30:05)	100
	Massapequa Mile (06:26)	83
	Hope Runs Here #2 5K (23:14)	80
	Farmingdale Mile (06:26)	80
	<b>3 Ward, Christopher (Northport)</b>	<b>666</b>
	Kings Park 15K Championship (1:02:32)	100
	Aspire 10K Championship (0:39:24)	90
	Marcie Mazzola 5k (19:01)	100

	Run For the Health of It 5K (19:22)	100
	Elizabeth McNamee 5K (18:35)	90
	Long Beach 10 Miler (1:05:18)	100
	New Hyde Park 8K (31:28)	86
<b>4</b>	<b>Jensen, John (Northport)</b>	<b>612</b>
	Kings Park 15K Championship (1:04:25)	80
	Aspire 10K Championship (0:40:07)	83
	Marcie Mazzola 5k (19:10)	86
	Elizabeth McNamee 5K (18:43)	83
	New Hyde Park 8K (31:16)	100
	Massapequa Firecracker Championship 5K (18:58)	90
	Hope Runs Here #2 5K (20:00)	90
<b>5</b>	<b>Alexander, Sean (Northport)</b>	<b>566</b>
	Kings Park 15K Championship (1:07:56)	77
	Marcie Mazzola 5k (22:06)	83
	Elizabeth McNamee 5K (21:04)	77
	Massapequa Firecracker Championship 5K (22:36)	77
	Massapequa Mile (05:46)	86
	Hope Runs Here #2 5K (21:48)	83
	Farmingdale Mile (05:43)	83
<b>6</b>	<b>Reitz, William (LIRRC)</b>	<b>515</b>
	Kings Park 15K Championship (1:19:37)	68
	Marcie Mazzola 5k (23:57)	74
	Elizabeth McNamee 5K (23:22)	71
	New Hyde Park 8K (40:32)	74
	Massapequa Firecracker Championship 5K (25:23)	71
	Massapequa Mile (07:15)	80
	Farmingdale Mile (07:07)	77
<b>7</b>	<b>Bellissimo, Daniel (We Are Athletes)</b>	<b>469</b>
	New Hyde Park 8K (31:56)	83
	Massapequa Firecracker Championship 5K (18:36)	100
	Massapequa Mile (05:10)	100
	Hope Runs Here #2 5K (20:26)	86
	Farmingdale Mile (05:10)	100
<b>8</b>	<b>Dullaghan, John (Northport)</b>	<b>336</b>
	Marcie Mazzola 5k (22:19)	80
	Run For the Health of It 5K (21:06)	90
	New Hyde Park 8K (34:59)	80
	Farmingdale Mile (05:39)	86
<b>9</b>	<b>Grand, Shawn (We Are Athletes)</b>	<b>290</b>
	Long Beach Snowflake 4 Mile Run (29:46)	100
	Long Beach 5 Miler (40:56)	100
	Blazing Trails 4 Miler (31:21)	90
<b>10</b>	<b>Toto, Steven (GLIRC)</b>	<b>260</b>

	Aspire 10K Championship (0:41:33)	80
	Elizabeth McNamee 5K (19:46)	80
	Blazing Trails 4 Miler (28:27)	100
	<b>* Tate, Travis (Elitefeats)</b>	<b>183</b>
	Kings Park 15K Championship (1:03:28)	83
	Elizabeth McNamee 5K (18:15)	100
	<b>* Talles, Michael (Bellmore Striders)</b>	<b>176</b>
	Kings Park 15K Championship (1:02:50)	90
	Aspire 10K Championship (0:39:34)	86
	<b>* Garcia, Andrew (NHP - Mineola Runners Club)</b>	<b>164</b>
	Long Beach Snowflake 4 Mile Run (31:33)	90
	Aspire 10K Championship (0:53:17)	74
	<b>* Minns, Richard</b>	<b>83</b>
	Massapequa Firecracker Championship 5K (21:17)	83
	<b>* Heyes, Brett (Runner's Edge)</b>	<b>80</b>
	Massapequa Firecracker Championship 5K (21:35)	80
	<b>* Frazer, Michael (Bellmore Striders)</b>	<b>71</b>
	Kings Park 15K Championship (1:16:01)	71
<b>Men 45-49</b>		
<b>1</b>	<b>Carrington, Boyd (Runner's Edge)</b>	<b>800</b>
	Long Beach Snowflake 4 Mile Run (23:10)	100
	Kings Park 15K Championship (0:55:05)	100
	Aspire 10K Championship (0:33:10)	100
	Run For the Health of It 5K (17:51)	100
	Elizabeth McNamee 5K (16:10)	100
	New Hyde Park 8K (26:19)	100
	Bolla Charity 5K (16:25)	100
	Massapequa Firecracker Championship 5K (16:58)	100
	Bellmore Striders Independence Day 4 Mile Run (21:48)	100
	Massapequa Mile (04:37)	100
	Farmingdale Mile (04:25)	100
<b>2</b>	<b>Valderrama, Daniel (GLIRC)</b>	<b>732</b>
	Kings Park 15K Championship (1:06:36)	83
	Marcie Mazzola 5k (19:39)	100
	Long Beach 10 Miler (1:08:26)	90
	New Hyde Park 8K (32:40)	83
	Hope Runs Here #1 5K (19:49)	100
	Bellmore Striders Independence Day 4 Mile Run (27:15)	86
	Hope Runs Here #2 5K (20:00)	90
	Farmingdale Mile (05:26)	80
	Blazing Trails 4 Miler (26:50)	100
<b>3</b>	<b>McDowell, Keith (LIRRC)</b>	<b>660</b>
	Long Beach Snowflake 4 Mile Run (36:09)	71
	Marcie Mazzola 5k (26:17)	77

	Elizabeth McNamee 5K (25:32)	80
	New Hyde Park 8K (43:04)	71
	Hope Runs Here #1 5K (26:11)	90
	Bolla Charity 5K (25:41)	86
	Massapequa Firecracker Championship 5K (26:21)	74
	Bellmore Striders Independence Day 4 Mile Run (34:35)	65
	Massapequa Mile (06:58)	77
	Long Beach 5 Miler (46:53)	86
	Blazing Trails 4 Miler (34:47)	90
<b>4</b>	<b>Cloherly, Brian (Bellmore Striders)</b>	<b>649</b>
	Long Beach Snowflake 4 Mile Run (28:44)	80
	Kings Park 15K Championship (1:09:11)	77
	Aspire 10K Championship (0:43:18)	74
	Elizabeth McNamee 5K (20:35)	86
	New Hyde Park 8K (33:35)	77
	Massapequa Firecracker Championship 5K (20:42)	86
	Massapequa Mile (06:05)	83
	Hope Runs Here #2 5K (21:06)	86
	Farmingdale Mile (06:05)	71
<b>5</b>	<b>Juchem, Steve (LIRRC)</b>	<b>642</b>
	Kings Park 15K Championship (1:27:21)	62
	Aspire 10K Championship (0:52:55)	56
	Marcie Mazzola 5k (39:02)	74
	Elizabeth McNamee 5K (25:59)	77
	New Hyde Park 8K (42:36)	74
	Massapequa Firecracker Championship 5K (25:06)	77
	Bellmore Striders Independence Day 4 Mile Run (33:36)	68
	Massapequa Mile (06:16)	80
	Hope Runs Here #2 5K (23:08)	74
	Farmingdale Mile (06:02)	74
	Long Beach 5 Miler (37:37)	100
	Great South Bay 1/2 Marathon (1:49:13)	86
<b>6</b>	<b>Cigliano, Adam (Bellmore Striders)</b>	<b>612</b>
	Aspire 10K Championship (0:42:36)	77
	Marcie Mazzola 5k (19:58)	90
	New Hyde Park 8K (32:31)	86
	Massapequa Firecracker Championship 5K (20:00)	90
	Massapequa Mile (05:34)	86
	Hope Runs Here #2 5K (19:42)	100
	Farmingdale Mile (05:22)	83
<b>7</b>	<b>Jaramillo, Hector (LIRRC)</b>	<b>555</b>
	Long Beach Snowflake 4 Mile Run (28:41)	83
	Kings Park 15K Championship (1:15:10)	71
	Aspire 10K Championship (0:44:44)	68

	Massapequa Firecracker Championship 5K (21:48)	83
	Bellmore Striders Independence Day 4 Mile Run (29:15)	80
	Hope Runs Here #2 5K (22:20)	80
	Long Beach 5 Miler (38:00)	90
<b>8</b>	<b>Kaplan, Ira (LIRRC)</b>	<b>540</b>
	Kings Park 15K Championship (1:10:55)	74
	Aspire 10K Championship (0:44:55)	65
	Marcie Mazzola 5k (21:42)	83
	Bolla Charity 5K (23:50)	90
	Massapequa Firecracker Championship 5K (23:28)	80
	Bellmore Striders Independence Day 4 Mile Run (30:57)	71
	Hope Runs Here #2 5K (22:56)	77
<b>9</b>	<b>Penney, Earl</b>	<b>360</b>
	Elizabeth McNamee 5K (18:36)	90
	New Hyde Park 8K (31:11)	90
	Massapequa Mile (05:08)	90
	Farmingdale Mile (05:06)	90
<b>10</b>	<b>Pickus, Robert (GLIRC)</b>	<b>333</b>
	Elizabeth McNamee 5K (21:42)	83
	Bellmore Striders Independence Day 4 Mile Run (28:41)	83
	Farmingdale Mile (05:53)	77
	Great South Bay 1/2 Marathon (1:45:49)	90
<b>11</b>	<b>Gubbins, Douglas (NHP - Mineola Runners Club)</b>	<b>278</b>
	Long Beach Snowflake 4 Mile Run (31:04)	74
	Kings Park 15K Championship (1:16:38)	68
	Aspire 10K Championship (0:47:39)	62
	Bellmore Striders Independence Day 4 Mile Run (30:20)	74
<b>12</b>	<b>Wilcock, Graham (Runner's Edge)</b>	<b>266</b>
	Kings Park 15K Championship (1:01:27)	86
	Aspire 10K Championship (0:39:14)	90
	Bellmore Striders Independence Day 4 Mile Run (26:15)	90
<b>13</b>	<b>Boone, Kevin (Northport)</b>	<b>250</b>
	Long Beach Snowflake 4 Mile Run (26:40)	90
	Kings Park 15K Championship (1:06:37)	80
	Aspire 10K Championship (0:42:00)	80
<b>14</b>	<b>Fernandez, Michael (GLIRC)</b>	<b>249</b>
	Aspire 10K Championship (0:41:59)	83
	Marcie Mazzola 5k (20:11)	86
	New Hyde Park 8K (33:06)	80
<b>15</b>	<b>Conroy, Matthew (GLIRC)</b>	<b>240</b>
	Long Beach Snowflake 4 Mile Run (27:54)	86
	Aspire 10K Championship (0:43:59)	71
	Hope Runs Here #2 5K (22:03)	83
*	<b>Smith, Andrew (Northport)</b>	<b>200</b>

	Long Beach 10 Miler (1:07:24)	100
	Great South Bay 1/2 Marathon (1:36:30)	100
	<b>* Rowley, Todd (GLIRC)</b>	<b>176</b>
	Kings Park 15K Championship (1:00:45)	90
	Aspire 10K Championship (0:39:35)	86
	<b>* Sekula, Edward (Northport)</b>	<b>145</b>
	Kings Park 15K Championship (1:17:14)	65
	Marcie Mazzola 5k (23:44)	80
	<b>* Ford, Kevin (Northport)</b>	<b>136</b>
	Long Beach Snowflake 4 Mile Run (29:42)	77
	Kings Park 15K Championship (1:29:33)	59
	<b>* Brown, Michael</b>	<b>90</b>
	Run For the Health of It 5K (24:59)	90
	<b>* Sanders, Marcus (Rolling Thunder)</b>	<b>86</b>
	Blazing Trails 4 Miler (35:04)	86
	<b>* Nettuno, Tommy (Northport)</b>	<b>86</b>
	Farmingdale Mile (05:15)	86
	<b>* Ferro, John (Rolling Thunder)</b>	<b>83</b>
	Blazing Trails 4 Miler (1:03:42)	83
	<b>* Medalla, Rafael (We Are Athletes)</b>	<b>77</b>
	Bellmore Striders Independence Day 4 Mile Run (29:46)	77
	<b>* Badami, Mark (Northport)</b>	<b>59</b>
	Aspire 10K Championship (0:49:23)	59
	<b>* Shimonski, Robert (GLIRC)</b>	<b>53</b>
	Aspire 10K Championship (1:01:46)	53
<b>Men 50-54</b>		
	<b>1 Guilfoyle, Keith (GLIRC)</b>	<b>800</b>
	Kings Park 15K Championship (0:57:13)	100
	Marcie Mazzola 5k (18:25)	100
	Run For the Health of It 5K (18:08)	100
	Elizabeth McNamee 5K (17:41)	100
	Long Beach 10 Miler (1:02:16)	100
	Hope Runs Here #1 5K (18:06)	100
	Bolla Charity 5K (17:40)	100
	Bellmore Striders Independence Day 4 Mile Run (23:26)	100
	Blazing Trails 4 Miler (23:20)	100
	<b>2 Veitch, Erich (Northport)</b>	<b>722</b>
	Marcie Mazzola 5k (24:03)	86
	Run For the Health of It 5K (22:55)	90
	Runday 5K (22:48)	100
	New Hyde Park 8K (36:59)	90
	Bolla Charity 5K (22:28)	90
	Bellmore Striders Independence Day 4 Mile Run (30:39)	80
	Massapequa Mile (05:49)	90

	Hope Runs Here #2 5K (22:13)	90
	Farmingdale Mile (05:42)	86
<b>3</b>	<b>DeSpagna, John (Northport)</b>	<b>638</b>
	Kings Park 15K Championship (1:36:46)	65
	Aspire 10K Championship (0:49:44)	77
	Marcie Mazzola 5k (23:30)	90
	Elizabeth McNamee 5K (22:31)	80
	Massapequa Firecracker Championship 5K (22:58)	80
	Massapequa Mile (06:46)	86
	Hope Runs Here #2 5K (25:59)	80
	Farmingdale Mile (06:23)	80
<b>4</b>	<b>Fiume, Chris (We Are Athletes)</b>	<b>551</b>
	Elizabeth McNamee 5K (25:06)	77
	New Hyde Park 8K (40:56)	80
	Massapequa Firecracker Championship 5K (24:26)	77
	Bellmore Striders Independence Day 4 Mile Run (32:42)	74
	Massapequa Mile (07:23)	83
	Hope Runs Here #2 5K (24:07)	86
	Farmingdale Mile (06:29)	74
<b>5</b>	<b>Arloff, Kevin (Northport)</b>	<b>539</b>
	Aspire 10K Championship (0:44:50)	90
	Elizabeth McNamee 5K (20:34)	90
	Massapequa Firecracker Championship 5K (22:29)	86
	Bellmore Striders Independence Day 4 Mile Run (29:08)	83
	Massapequa Mile (05:36)	100
	Farmingdale Mile (05:33)	90
<b>6</b>	<b>Mozer, Chris (GLIRC)</b>	<b>456</b>
	New Hyde Park 8K (32:52)	100
	Massapequa Firecracker Championship 5K (20:13)	100
	Bellmore Striders Independence Day 4 Mile Run (27:59)	90
	Hope Runs Here #2 5K (24:23)	83
	Farmingdale Mile (05:42)	83
<b>7</b>	<b>Pajonas, Victor (LIRRC)</b>	<b>276</b>
	Kings Park 15K Championship (1:10:28)	90
	Aspire 10K Championship (0:42:10)	100
	Bellmore Striders Independence Day 4 Mile Run (28:31)	86
<b>8</b>	<b>Mietus, Timothy (We Are Athletes)</b>	<b>259</b>
	Long Beach 10 Miler (1:23:01)	90
	New Hyde Park 8K (38:03)	86
	Massapequa Firecracker Championship 5K (22:34)	83
<b>9</b>	<b>Hamid, Philip (GLIRC)</b>	<b>255</b>
	Aspire 10K Championship (0:48:01)	86
	Marcie Mazzola 5k (24:16)	83
	Elizabeth McNamee 5K (21:18)	86

<b>10</b>	<b>Scheuerman, Karl (Northport)</b>	<b>240</b>
	Kings Park 15K Championship (1:17:51)	80
	Aspire 10K Championship (0:48:22)	83
	Farmingdale Mile (06:25)	77
<b>11</b>	<b>Benlein, Frederick (We Are Athletes)</b>	<b>225</b>
	Massapequa Mile (18:17)	80
	Hope Runs Here #2 5K (1:00:13)	74
	Farmingdale Mile (19:38)	71
*	<b>Murray, James (GLIRC)</b>	<b>173</b>
	Runday 5K (28:53)	90
	New Hyde Park 8K (40:22)	83
*	<b>Nardo, Ronald (Bellmore Striders)</b>	<b>167</b>
	Long Beach Snowflake 4 Mile Run (33:22)	90
	Hope Runs Here #2 5K (27:03)	77
*	<b>Monaco, Robert (LIRRC)</b>	<b>157</b>
	Aspire 10K Championship (0:49:04)	80
	Bellmore Striders Independence Day 4 Mile Run (32:16)	77
*	<b>D'Elisa, Paul</b>	<b>154</b>
	Kings Park 15K Championship (1:27:09)	74
	Long Beach 10 Miler (1:33:08)	80
*	<b>Brotter, Amos (LIRRC)</b>	<b>154</b>
	Kings Park 15K Championship (1:27:52)	71
	Long Beach 10 Miler (1:30:28)	83
*	<b>Taylor, Dwayne (We Are Athletes)</b>	<b>148</b>
	Kings Park 15K Championship (1:20:13)	77
	Bellmore Striders Independence Day 4 Mile Run (33:01)	71
*	<b>Metro, Todd</b>	<b>100</b>
	Great South Bay 1/2 Marathon (1:53:06)	100
*	<b>Englehart, Paul (GLIRC)</b>	<b>100</b>
	Long Beach Snowflake 4 Mile Run (28:53)	100
*	<b>Gibbons, Kieran (Northport)</b>	<b>100</b>
	Hope Runs Here #2 5K (21:10)	100
*	<b>Hogarty, Peter (Runner's Edge)</b>	<b>100</b>
	Farmingdale Mile (05:33)	100
*	<b>Walsh, Nick (Northport)</b>	<b>90</b>
	Massapequa Firecracker Championship 5K (21:01)	90
*	<b>Gilbert, Scott (Northport)</b>	<b>86</b>
	Kings Park 15K Championship (1:14:07)	86
*	<b>Lewin, Joel</b>	<b>86</b>
	Long Beach 10 Miler (1:23:22)	86
*	<b>Oehrlein, William (Northport)</b>	<b>83</b>
	Elizabeth McNamee 5K (21:57)	83
*	<b>Brittan, Lawrence (Northport)</b>	<b>83</b>
	Kings Park 15K Championship (1:15:57)	83



	<b>* Juettner, John (Northport)</b>	<b>74</b>
	Aspire 10K Championship (1:11:36)	74
<b>Men 55-59</b>		
	<b>1 Baisch, Alan (GLIRC)</b>	<b>790</b>
	Kings Park 15K Championship (1:04:25)	90
	Aspire 10K Championship (0:40:21)	90
	Elizabeth McNamee 5K (19:24)	100
	Long Beach 10 Miler (1:08:10)	100
	Hope Runs Here #1 5K (19:42)	100
	Bolla Charity 5K (19:26)	100
	Massapequa Firecracker Championship 5K (19:46)	90
	Bellmore Striders Independence Day 4 Mile Run (25:34)	100
	Hope Runs Here #2 5K (19:58)	83
	Farmingdale Mile (05:26)	100
	Long Beach 5 Miler (34:01)	86
	Blazing Trails 4 Miler (25:46)	100
	<b>2 Steinberg, Jeff</b>	<b>750</b>
	Long Beach Snowflake 4 Mile Run (27:19)	100
	Kings Park 15K Championship (1:06:10)	86
	Aspire 10K Championship (0:41:45)	86
	Run For the Health of It 5K (20:06)	100
	Elizabeth McNamee 5K (19:30)	90
	Runday 5K (20:35)	100
	Long Beach 10 Miler (1:09:23)	90
	New Hyde Park 8K (32:34)	90
	Hope Runs Here #1 5K (20:08)	90
	Bolla Charity 5K (20:06)	90
	Massapequa Firecracker Championship 5K (20:36)	80
	Bellmore Striders Independence Day 4 Mile Run (26:10)	86
	Massapequa Mile (05:48)	90
	Hope Runs Here #2 5K (19:44)	86
	Long Beach 5 Miler (34:23)	83
	Blazing Trails 4 Miler (27:43)	90
	<b>3 Robles, Michael (GLIRC)</b>	<b>715</b>
	Kings Park 15K Championship (1:06:16)	83
	Aspire 10K Championship (0:42:42)	80
	Elizabeth McNamee 5K (19:33)	86
	Massapequa Firecracker Championship 5K (19:52)	86
	Bellmore Striders Independence Day 4 Mile Run (25:36)	90
	Massapequa Mile (05:41)	100
	Hope Runs Here #2 5K (19:31)	100
	Long Beach 5 Miler (33:23)	90
	<b>4 Schroeder, Bill (LIRRC)</b>	<b>663</b>
	Kings Park 15K Championship (1:03:12)	100

	Aspire 10K Championship (0:39:20)	100
	New Hyde Park 8K (31:20)	100
	Massapequa Firecracker Championship 5K (19:26)	100
	Bellmore Striders Independence Day 4 Mile Run (26:29)	83
	Hope Runs Here #2 5K (19:41)	90
	Farmingdale Mile (05:33)	90
<b>5</b>	<b>Bonanni, Paul (GLIRC)</b>	<b>659</b>
	Long Beach Snowflake 4 Mile Run (30:06)	83
	Kings Park 15K Championship (1:14:52)	68
	Aspire 10K Championship (0:47:09)	59
	Marcie Mazzola 5k (22:33)	77
	Run For the Health of It 5K (23:07)	90
	Elizabeth McNamee 5K (23:25)	68
	Runday 5K (24:15)	80
	New Hyde Park 8K (38:21)	68
	Hope Runs Here #1 5K (23:14)	86
	Bolla Charity 5K (22:18)	83
	Massapequa Firecracker Championship 5K (22:31)	65
	Bellmore Striders Independence Day 4 Mile Run (29:33)	74
	Hope Runs Here #2 5K (23:00)	62
	Farmingdale Mile (06:09)	74
	Long Beach 5 Miler (38:08)	80
	Blazing Trails 4 Miler (29:54)	80
<b>6</b>	<b>Casale, Michael (We Are Athletes)</b>	<b>653</b>
	Kings Park 15K Championship (1:11:53)	74
	Aspire 10K Championship (0:45:31)	68
	Marcie Mazzola 5k (21:57)	86
	Runday 5K (22:08)	90
	New Hyde Park 8K (35:26)	80
	Bolla Charity 5K (21:38)	86
	Massapequa Firecracker Championship 5K (21:22)	77
	Bellmore Striders Independence Day 4 Mile Run (28:38)	80
	Massapequa Mile (06:14)	80
	Hope Runs Here #2 5K (21:39)	74
	Farmingdale Mile (06:13)	71
<b>7</b>	<b>Mazza, William (GLIRC)</b>	<b>622</b>
	Long Beach Snowflake 4 Mile Run (30:46)	80
	Kings Park 15K Championship (1:14:37)	71
	Aspire 10K Championship (0:46:51)	62
	Marcie Mazzola 5k (22:05)	80
	Runday 5K (22:57)	83
	Bellmore Striders Independence Day 4 Mile Run (29:08)	77
	Farmingdale Mile (05:51)	86
	Blazing Trails 4 Miler (29:18)	83

<b>7</b>	<b>Brennan, Scott (LIRRC)</b>	<b>622</b>
	Long Beach Snowflake 4 Mile Run (29:27)	86
	Kings Park 15K Championship (1:16:00)	65
	Aspire 10K Championship (0:46:24)	65
	Marcie Mazzola 5k (22:00)	83
	Elizabeth McNamee 5K (21:25)	77
	New Hyde Park 8K (36:11)	74
	Massapequa Firecracker Championship 5K (22:01)	71
	Bellmore Striders Independence Day 4 Mile Run (29:36)	71
	Massapequa Mile (06:11)	83
	Hope Runs Here #2 5K (22:17)	68
	Farmingdale Mile (06:08)	77
<b>9</b>	<b>Quinn, Patrick (We Are Athletes)</b>	<b>544</b>
	Kings Park 15K Championship (1:36:54)	47
	Aspire 10K Championship (1:00:41)	44
	Marcie Mazzola 5k (28:36)	65
	Run For the Health of It 5K (27:48)	86
	Elizabeth McNamee 5K (27:30)	59
	Runday 5K (28:42)	71
	New Hyde Park 8K (46:16)	56
	Bolla Charity 5K (27:52)	77
	Massapequa Firecracker Championship 5K (28:44)	56
	Bellmore Striders Independence Day 4 Mile Run (39:58)	59
	Long Beach 5 Miler (54:45)	71
<b>10</b>	<b>Niedfeld, William (We Are Athletes)</b>	<b>517</b>
	Kings Park 15K Championship (1:34:29)	50
	Aspire 10K Championship (0:59:20)	47
	Marcie Mazzola 5k (27:41)	74
	Elizabeth McNamee 5K (28:42)	56
	Runday 5K (28:09)	74
	New Hyde Park 8K (45:10)	59
	Massapequa Firecracker Championship 5K (27:33)	59
	Bellmore Striders Independence Day 4 Mile Run (38:42)	62
	Massapequa Mile (07:34)	71
	Hope Runs Here #2 5K (27:59)	47
	Farmingdale Mile (07:25)	62
<b>11</b>	<b>DiLisio, Michael (GLIRC)</b>	<b>516</b>
	Long Beach Snowflake 4 Mile Run (27:53)	90
	Aspire 10K Championship (0:43:05)	77
	Long Beach 10 Miler (1:11:00)	86
	Massapequa Firecracker Championship 5K (20:29)	83
	Hope Runs Here #2 5K (20:01)	80
	Long Beach 5 Miler (33:19)	100
<b>12</b>	<b>Stauber, John (We Are Athletes)</b>	<b>496</b>

	Kings Park 15K Championship (1:31:41)	53
	Aspire 10K Championship (0:56:01)	50
	Marcie Mazzola 5k (27:51)	68
	Runday 5K (27:49)	77
	New Hyde Park 8K (44:51)	62
	Bolla Charity 5K (26:58)	80
	Hope Runs Here #2 5K (27:14)	50
	Farmingdale Mile (07:48)	56
<b>13</b>	<b>Secor, Rick (GLIRC)</b>	<b>487</b>
	Marcie Mazzola 5k (21:39)	90
	Elizabeth McNamee 5K (21:14)	80
	Runday 5K (22:23)	86
	New Hyde Park 8K (36:23)	71
	Hope Runs Here #2 5K (21:37)	77
	Farmingdale Mile (05:58)	83
<b>13</b>	<b>Millon, Steven (We Are Athletes)</b>	<b>487</b>
	Long Beach Snowflake 4 Mile Run (46:22)	77
	Aspire 10K Championship (1:15:42)	35
	Runday 5K (37:30)	68
	New Hyde Park 8K (1:03:55)	44
	Massapequa Mile (09:40)	68
	Hope Runs Here #2 5K (36:39)	41
	Farmingdale Mile (09:33)	53
	Long Beach 5 Miler (1:07:00)	68
	Blazing Trails 4 Miler (48:07)	68
<b>15</b>	<b>Mayer, Robert (LIRRC)</b>	<b>481</b>
	Kings Park 15K Championship (1:37:24)	44
	Aspire 10K Championship (1:02:51)	38
	Marcie Mazzola 5k (27:44)	71
	New Hyde Park 8K (51:32)	50
	Bellmore Striders Independence Day 4 Mile Run (38:15)	65
	Farmingdale Mile (07:35)	59
	Long Beach 5 Miler (45:44)	77
	Blazing Trails 4 Miler (34:57)	77
<b>16</b>	<b>Hunter, Michael (LIRRC)</b>	<b>429</b>
	Kings Park 15K Championship (1:07:54)	80
	Aspire 10K Championship (0:42:31)	83
	Marcie Mazzola 5k (20:37)	100
	Long Beach 10 Miler (1:13:03)	80
	New Hyde Park 8K (34:04)	86
<b>17</b>	<b>Mccormick, Terence (GLIRC)</b>	<b>423</b>
	Long Beach 10 Miler (1:38:06)	77
	New Hyde Park 8K (34:43)	83
	Massapequa Mile (06:23)	77

	Blazing Trails 4 Miler (27:51)	86
	Great South Bay 1/2 Marathon (1:40:12)	100
<b>18</b>	<b>Koenig, Robert (LIRRC)</b>	<b>395</b>
	Elizabeth McNamee 5K (39:00)	53
	New Hyde Park 8K (1:01:38)	47
	Massapequa Firecracker Championship 5K (35:46)	53
	Bellmore Striders Independence Day 4 Mile Run (49:16)	56
	Massapequa Mile (09:54)	65
	Farmingdale Mile (10:12)	50
	Blazing Trails 4 Miler (47:05)	71
<b>19</b>	<b>Shaller, Robert (LIRRC)</b>	<b>389</b>
	Kings Park 15K Championship (1:38:59)	41
	Aspire 10K Championship (1:01:58)	41
	Marcie Mazzola 5k (30:16)	62
	New Hyde Park 8K (51:31)	53
	Hope Runs Here #2 5K (30:20)	44
	Long Beach 5 Miler (50:39)	74
	Blazing Trails 4 Miler (42:04)	74
<b>20</b>	<b>Hutchinson, Dean (LIRRC)</b>	<b>328</b>
	Kings Park 15K Championship (1:23:23)	59
	Elizabeth McNamee 5K (22:41)	74
	Massapequa Firecracker Championship 5K (23:02)	62
	Massapequa Mile (06:50)	74
	Hope Runs Here #2 5K (24:11)	59
<b>21</b>	<b>Tiburzi, Raymond (Northport)</b>	<b>311</b>
	Massapequa Firecracker Championship 5K (21:27)	74
	Massapequa Mile (06:05)	86
	Hope Runs Here #2 5K (21:39)	71
	Farmingdale Mile (05:59)	80
<b>22</b>	<b>Neumann, Dean (Northport)</b>	<b>292</b>
	Kings Park 15K Championship (1:26:38)	56
	Aspire 10K Championship (0:54:00)	53
	Elizabeth McNamee 5K (24:36)	62
	New Hyde Park 8K (40:49)	65
	Hope Runs Here #2 5K (25:40)	56
*	<b>Clifford, John (GLIRC)</b>	<b>151</b>
	Aspire 10K Championship (0:44:47)	74
	New Hyde Park 8K (35:34)	77
*	<b>Herbert, William (Northport)</b>	<b>148</b>
	Kings Park 15K Championship (1:11:45)	77
	Aspire 10K Championship (0:45:14)	71
*	<b>Petsky, Michael (GLIRC)</b>	<b>139</b>
	Elizabeth McNamee 5K (23:13)	71
	Massapequa Firecracker Championship 5K (22:21)	68

	<b>* Wilkowski, Mario (LIRRC)</b>	<b>133</b>
	Bellmore Striders Independence Day 4 Mile Run (29:39)	68
	Hope Runs Here #2 5K (22:27)	65
	<b>* Murray, Thomas (Northport)</b>	<b>121</b>
	Aspire 10K Championship (0:51:24)	56
	Elizabeth McNamee 5K (24:16)	65
	<b>* Simmons, Steven (LIRRC)</b>	<b>118</b>
	Hope Runs Here #2 5K (25:42)	53
	Farmingdale Mile (07:03)	65
	<b>* Fried, Robert (GLIRC)</b>	<b>83</b>
	Long Beach 10 Miler (1:11:12)	83
	<b>* Drueckhammer, Dale (Northport)</b>	<b>83</b>
	Elizabeth McNamee 5K (20:33)	83
	<b>* Weiss, Matthew</b>	<b>68</b>
	Farmingdale Mile (07:00)	68
	<b>* Masten, Jay (Bohemia Track Club)</b>	<b>62</b>
	Kings Park 15K Championship (1:20:57)	62
	<b>* Schachner, Larry (LIRRC)</b>	<b>53</b>
	Bellmore Striders Independence Day 4 Mile Run (49:45)	53
<b>Men 60-64</b>		
	<b>1 Seferian, Karnik (Northport)</b>	<b>734</b>
	Kings Park 15K Championship (1:10:32)	80
	Aspire 10K Championship (0:45:39)	86
	Marcie Mazzola 5k (22:49)	86
	Run For the Health of It 5K (22:34)	100
	Elizabeth McNamee 5K (21:48)	86
	Long Beach 10 Miler (1:14:40)	90
	Bolla Charity 5K (22:54)	86
	Massapequa Mile (06:10)	100
	Hope Runs Here #2 5K (22:18)	86
	Blazing Trails 4 Miler (27:59)	100
	<b>2 Cuozzo, Alex (Bellmore Striders)</b>	<b>686</b>
	Kings Park 15K Championship (1:14:46)	77
	Aspire 10K Championship (0:46:09)	83
	Marcie Mazzola 5k (22:38)	90
	Elizabeth McNamee 5K (21:42)	90
	New Hyde Park 8K (36:02)	83
	Massapequa Mile (06:20)	90
	Hope Runs Here #2 5K (21:56)	90
	Farmingdale Mile (06:28)	83
	<b>3 Haughn, Robert (Northport)</b>	<b>666</b>
	Kings Park 15K Championship (1:16:15)	71
	Aspire 10K Championship (0:48:47)	77
	Elizabeth McNamee 5K (22:50)	80

	Runday 5K (24:04)	90
	New Hyde Park 8K (38:26)	80
	Massapequa Firecracker Championship 5K (23:28)	83
	Massapequa Mile (06:59)	83
	Hope Runs Here #2 5K (23:23)	80
	Farmingdale Mile (06:40)	80
	Blazing Trails 4 Miler (30:39)	90
<b>4</b>	<b>McDougall, James (GLIRC)</b>	<b>655</b>
	Aspire 10K Championship (1:05:44)	53
	Elizabeth McNamee 5K (27:25)	62
	Long Beach 10 Miler (1:45:47)	83
	Hope Runs Here #1 5K (29:13)	100
	Massapequa Firecracker Championship 5K (29:37)	74
	Bellmore Striders Independence Day 4 Mile Run (42:46)	83
	Massapequa Mile (08:12)	77
	Hope Runs Here #2 5K (30:28)	68
	Farmingdale Mile (07:53)	68
	Long Beach 5 Miler (51:01)	90
	Blazing Trails 4 Miler (39:44)	80
<b>5</b>	<b>Diskin, Patrick (GLIRC)</b>	<b>578</b>
	Aspire 10K Championship (0:48:54)	74
	Elizabeth McNamee 5K (22:57)	77
	Bolla Charity 5K (22:59)	83
	Bellmore Striders Independence Day 4 Mile Run (30:47)	90
	Hope Runs Here #2 5K (23:53)	77
	Farmingdale Mile (06:43)	77
	Long Beach 5 Miler (39:45)	100
<b>6</b>	<b>Daily, Ned (Bellmore Striders)</b>	<b>570</b>
	Kings Park 15K Championship (1:05:02)	90
	Aspire 10K Championship (0:41:39)	90
	Marcie Mazzola 5k (20:16)	100
	New Hyde Park 8K (33:19)	90
	Massapequa Firecracker Championship 5K (20:56)	100
	Hope Runs Here #2 5K (20:29)	100
<b>7</b>	<b>Wallach, Jon (GLIRC)</b>	<b>459</b>
	Kings Park 15K Championship (1:09:17)	83
	Elizabeth McNamee 5K (20:58)	100
	Runday 5K (21:39)	100
	Massapequa Firecracker Championship 5K (21:23)	90
	Blazing Trails 4 Miler (31:25)	86
<b>8</b>	<b>Nora, John (LIRRC)</b>	<b>453</b>
	Marcie Mazzola 5k (27:42)	77
	Elizabeth McNamee 5K (26:31)	65
	Runday 5K (27:48)	86

	New Hyde Park 8K (46:15)	74
	Massapequa Firecracker Championship 5K (27:08)	77
	Farmingdale Mile (06:57)	74
<b>9</b>	<b>Cheong, Allen (LIRRC)</b>	<b>444</b>
	Aspire 10K Championship (0:54:50)	71
	Marcie Mazzola 5k (25:50)	80
	Elizabeth McNamee 5K (24:40)	68
	Massapequa Mile (07:12)	80
	Hope Runs Here #2 5K (25:11)	74
	Farmingdale Mile (07:02)	71
<b>10</b>	<b>Reagan, Ed (Runner's Edge)</b>	<b>400</b>
	Long Beach Snowflake 4 Mile Run (25:03)	100
	Aspire 10K Championship (0:38:05)	100
	Long Beach 10 Miler (1:04:40)	100
	Bolla Charity 5K (19:20)	100
<b>11</b>	<b>Palacios, Jaime (We Are Athletes)</b>	<b>390</b>
	Kings Park 15K Championship (1:01:59)	100
	New Hyde Park 8K (31:58)	100
	Bolla Charity 5K (19:41)	90
	Bellmore Striders Independence Day 4 Mile Run (26:07)	100
<b>12</b>	<b>Guichard, William (Northport)</b>	<b>376</b>
	Kings Park 15K Championship (1:41:54)	50
	Aspire 10K Championship (0:58:46)	59
	Run For the Health of It 5K (27:40)	90
	Elizabeth McNamee 5K (55:11)	56
	Hope Runs Here #2 5K (1:10:53)	59
	Farmingdale Mile (19:53)	62
<b>13</b>	<b>Del-Cid, Vincent (Northport)</b>	<b>369</b>
	Aspire 10K Championship (1:17:19)	47
	Marcie Mazzola 5k (35:57)	68
	Elizabeth McNamee 5K (33:41)	59
	Massapequa Firecracker Championship 5K (34:37)	68
	Hope Runs Here #2 5K (35:49)	62
	Farmingdale Mile (11:25)	65
<b>14</b>	<b>DeMasters, Drew (LIRRC)</b>	<b>302</b>
	Long Beach Snowflake 4 Mile Run (37:46)	86
	Kings Park 15K Championship (1:38:23)	53
	Long Beach 10 Miler (1:42:08)	86
	New Hyde Park 8K (44:31)	77
<b>15</b>	<b>Parker, Russ (Northport)</b>	<b>299</b>
	Marcie Mazzola 5k (34:59)	71
	Run For the Health of It 5K (36:42)	86
	New Hyde Park 8K (1:04:01)	68
	Massapequa Mile (09:40)	74



<b>16</b>	<b>Mahony, Jim (GLIRC)</b>	<b>282</b>
	Kings Park 15K Championship (1:35:17)	59
	Aspire 10K Championship (0:57:52)	62
	Hope Runs Here #2 5K (27:36)	71
	Great South Bay 1/2 Marathon (2:24:22)	90
<b>17</b>	<b>Healy, Timothy (GLIRC)</b>	<b>255</b>
	Massapequa Mile (06:39)	86
	Hope Runs Here #2 5K (23:03)	83
	Farmingdale Mile (06:25)	86
<b>18</b>	<b>Wolther, Glen (LIRRC)</b>	<b>235</b>
	Long Beach Snowflake 4 Mile Run (30:31)	90
	Kings Park 15K Championship (1:15:04)	74
	Massapequa Firecracker Championship 5K (31:34)	71
<b>19</b>	<b>LaFleur, Louis (GLIRC)</b>	<b>219</b>
	Kings Park 15K Championship (1:24:17)	62
	Marcie Mazzola 5k (25:03)	83
	Elizabeth McNamee 5K (23:13)	74
<b>20</b>	<b>Ramondino, Kenneth (NHP - Mineola Runners Club)</b>	<b>207</b>
	Long Beach Snowflake 4 Mile Run (47:13)	80
	Aspire 10K Championship (1:13:44)	50
	Bellmore Striders Independence Day 4 Mile Run (52:05)	77
<b>21</b>	<b>Abrams, James (Northport)</b>	<b>201</b>
	Aspire 10K Championship (1:01:43)	56
	Marcie Mazzola 5k (28:16)	74
	New Hyde Park 8K (47:00)	71
*	<b>Klein, Gary (GLIRC)</b>	<b>173</b>
	Elizabeth McNamee 5K (22:05)	83
	Farmingdale Mile (06:19)	90
*	<b>Salerni, Paul</b>	<b>172</b>
	New Hyde Park 8K (35:46)	86
	Massapequa Firecracker Championship 5K (21:26)	86
*	<b>Angerame, John (We Are Athletes)</b>	<b>165</b>
	Hope Runs Here #2 5K (34:24)	65
	Great South Bay 1/2 Marathon (2:20:15)	100
*	<b>Horan, Thomas (GLIRC)</b>	<b>151</b>
	Elizabeth McNamee 5K (23:21)	71
	Massapequa Firecracker Championship 5K (24:26)	80
*	<b>Radtke, Grant (We Are Athletes)</b>	<b>148</b>
	Kings Park 15K Championship (1:18:53)	65
	Blazing Trails 4 Miler (34:14)	83
*	<b>Gerson, Steve (LIRRC)</b>	<b>148</b>
	Long Beach Snowflake 4 Mile Run (46:22)	83
	New Hyde Park 8K (1:08:26)	65
*	<b>Inserra, Peter (Northport)</b>	<b>148</b>

	Kings Park 15K Championship (1:18:25)	68
	Aspire 10K Championship (0:47:41)	80
	<b>* Vlachos, Anthony (Northport)</b>	<b>124</b>
	Kings Park 15K Championship (1:37:24)	56
	Aspire 10K Championship (0:56:16)	68
	<b>* Picini, Joseph (The Phoenix Project)</b>	<b>100</b>
	Farmingdale Mile (06:02)	100
	<b>* Cipot, Stephen (NHP - Mineola Runners Club)</b>	<b>86</b>
	Bellmore Striders Independence Day 4 Mile Run (35:59)	86
	<b>* Fleming, Bill (Northport)</b>	<b>86</b>
	Kings Park 15K Championship (1:06:24)	86
	<b>* Lofmark, Bill (We Are Athletes)</b>	<b>80</b>
	Bellmore Striders Independence Day 4 Mile Run (50:43)	80
	<b>* Axelrod, Harold (NHP - Mineola Runners Club)</b>	<b>65</b>
	Aspire 10K Championship (0:56:34)	65
	<b>* Zenkewich, John (GLIRC)</b>	<b>44</b>
	Aspire 10K Championship (1:21:45)	44
<b>Men 65-69</b>		
<b>1</b>	<b>Zimmer, Eric (Northport)</b>	<b>800</b>
	Long Beach Snowflake 4 Mile Run (29:12)	100
	Kings Park 15K Championship (1:07:59)	100
	Aspire 10K Championship (0:42:46)	100
	Marcie Mazzola 5k (21:23)	100
	Run For the Health of It 5K (21:51)	100
	Elizabeth McNamee 5K (20:52)	100
	Runday 5K (21:23)	100
	New Hyde Park 8K (34:41)	100
	Bolla Charity 5K (21:00)	100
	Massapequa Firecracker Championship 5K (20:38)	100
	Bellmore Striders Independence Day 4 Mile Run (28:04)	100
	Massapequa Mile (06:04)	100
	Hope Runs Here #2 5K (21:22)	100
	Farmingdale Mile (06:01)	100
	Great South Bay 1/2 Marathon (1:38:44)	100
<b>2</b>	<b>Notarstefano, Frank (GLIRC)</b>	<b>716</b>
	Long Beach Snowflake 4 Mile Run (29:31)	90
	Aspire 10K Championship (0:46:14)	90
	Marcie Mazzola 5k (22:03)	90
	Elizabeth McNamee 5K (21:44)	90
	New Hyde Park 8K (36:27)	86
	Bolla Charity 5K (22:50)	90
	Massapequa Firecracker Championship 5K (21:46)	90
	Bellmore Striders Independence Day 4 Mile Run (29:09)	90
<b>3</b>	<b>Martin, Peter (GLIRC)</b>	<b>696</b>

	Long Beach Snowflake 4 Mile Run (31:29)	86
	Kings Park 15K Championship (1:17:15)	90
	Aspire 10K Championship (0:49:12)	86
	Marcie Mazzola 5k (23:47)	86
	Runday 5K (24:41)	86
	Bolla Charity 5K (24:09)	86
	Bellmore Striders Independence Day 4 Mile Run (32:45)	86
	Hope Runs Here #2 5K (23:35)	90
<b>4</b>	<b>Garguilo, Anthony (Northport)</b>	<b>680</b>
	Kings Park 15K Championship (1:18:46)	86
	Aspire 10K Championship (0:51:26)	83
	Marcie Mazzola 5k (25:04)	83
	Elizabeth McNamee 5K (24:18)	86
	Massapequa Firecracker Championship 5K (24:48)	83
	Massapequa Mile (07:38)	86
	Hope Runs Here #2 5K (25:29)	83
	Great South Bay 1/2 Marathon (1:54:54)	90
<b>5</b>	<b>Golos, Ehud (We Are Athletes)</b>	<b>653</b>
	Kings Park 15K Championship (1:37:26)	80
	Runday 5K (28:52)	83
	New Hyde Park 8K (45:48)	83
	Massapequa Firecracker Championship 5K (29:15)	77
	Bellmore Striders Independence Day 4 Mile Run (39:04)	80
	Massapequa Mile (07:43)	83
	Hope Runs Here #2 5K (28:20)	77
	Farmingdale Mile (07:39)	90
<b>6</b>	<b>Momtahn, Shawn (LIRRC)</b>	<b>652</b>
	Aspire 10K Championship (0:59:35)	77
	Marcie Mazzola 5k (30:07)	77
	Elizabeth McNamee 5K (27:53)	80
	New Hyde Park 8K (47:04)	80
	Bolla Charity 5K (28:07)	83
	Massapequa Mile (08:22)	80
	Hope Runs Here #2 5K (26:50)	80
	Farmingdale Mile (07:43)	86
	Blazing Trails 4 Miler (37:59)	86
<b>7</b>	<b>Zeichner, Perry (We Are Athletes)</b>	<b>632</b>
	Kings Park 15K Championship (1:43:17)	77
	Aspire 10K Championship (1:06:02)	71
	Elizabeth McNamee 5K (28:53)	77
	Runday 5K (29:53)	80
	New Hyde Park 8K (47:34)	77
	Bellmore Striders Independence Day 4 Mile Run (40:52)	77
	Long Beach 5 Miler (50:06)	90

	Blazing Trails 4 Miler (38:47)	83
<b>8</b>	<b>Fairgrieve, Scott (NHP - Mineola Runners Club)</b>	<b>619</b>
	Long Beach Snowflake 4 Mile Run (40:41)	83
	Kings Park 15K Championship (1:33:27)	83
	Aspire 10K Championship (0:56:35)	80
	Long Beach 10 Miler (1:35:30)	100
	Bellmore Striders Independence Day 4 Mile Run (36:21)	83
	Long Beach 5 Miler (45:36)	100
	Blazing Trails 4 Miler (36:07)	90
<b>9</b>	<b>Morse, Glenn (GLIRC)</b>	<b>469</b>
	Aspire 10K Championship (1:03:42)	74
	Run For the Health of It 5K (33:33)	90
	Runday 5K (35:54)	77
	Bolla Charity 5K (31:57)	80
	Hope Runs Here #2 5K (48:54)	68
	Farmingdale Mile (10:00)	80
<b>10</b>	<b>O'Donnell, Daniel (Northport)</b>	<b>462</b>
	Marcie Mazzola 5k (31:45)	74
	Elizabeth McNamee 5K (29:51)	74
	Massapequa Firecracker Championship 5K (29:07)	80
	Massapequa Mile (08:27)	77
	Hope Runs Here #2 5K (32:32)	74
	Farmingdale Mile (08:05)	83
<b>11</b>	<b>Neverka, John (GLIRC)</b>	<b>366</b>
	Runday 5K (23:10)	90
	New Hyde Park 8K (36:19)	90
	Massapequa Firecracker Championship 5K (22:06)	86
	Blazing Trails 4 Miler (30:04)	100
<b>12</b>	<b>Drezen, Warren (MRR)</b>	<b>324</b>
	Long Beach 10 Miler (2:16:11)	90
	Massapequa Firecracker Championship 5K (35:37)	74
	Bellmore Striders Independence Day 4 Mile Run (50:13)	74
	Great South Bay 1/2 Marathon (2:55:33)	86
<b>13</b>	<b>von Thaden, Henry (GLIRC)</b>	<b>249</b>
	Marcie Mazzola 5k (25:48)	80
	Elizabeth McNamee 5K (24:42)	83
	Hope Runs Here #2 5K (24:35)	86
*	<b>Brida, Joseph (We Are Athletes)</b>	<b>190</b>
	Hope Runs Here #1 5K (23:53)	100
	Massapequa Mile (06:39)	90
*	<b>Ginsberg, Jeffrey (We Are Athletes)</b>	<b>148</b>
	Hope Runs Here #2 5K (43:14)	71
	Farmingdale Mile (12:07)	77
<b>Men 70-74</b>		

<b>1</b>	<b>Frisone, David (LIRRC)</b>	<b>800</b>
	Kings Park 15K Championship (1:23:32)	100
	Aspire 10K Championship (0:52:59)	100
	Marcie Mazzola 5k (25:31)	100
	Elizabeth McNamee 5K (24:33)	100
	Runday 5K (24:48)	100
	Bolla Charity 5K (24:33)	100
	Massapequa Firecracker Championship 5K (24:41)	100
	Bellmore Striders Independence Day 4 Mile Run (35:32)	100
	Hope Runs Here #2 5K (25:48)	100
	Farmingdale Mile (07:02)	100
	Long Beach 5 Miler (40:38)	100
<b>2</b>	<b>Patterson, Robert (LIRRC)</b>	<b>728</b>
	Long Beach Snowflake 4 Mile Run (35:29)	100
	Kings Park 15K Championship (1:33:23)	83
	Marcie Mazzola 5k (28:25)	86
	Elizabeth McNamee 5K (28:13)	86
	New Hyde Park 8K (50:03)	90
	Massapequa Firecracker Championship 5K (30:28)	86
	Massapequa Mile (07:55)	100
	Hope Runs Here #2 5K (27:43)	86
	Farmingdale Mile (07:39)	90
	Blazing Trails 4 Miler (37:00)	90
<b>3</b>	<b>Cragg, Howard (GLIRC)</b>	<b>715</b>
	Kings Park 15K Championship (1:32:40)	86
	Aspire 10K Championship (0:59:31)	86
	New Hyde Park 8K (46:40)	100
	Bolla Charity 5K (28:08)	90
	Massapequa Firecracker Championship 5K (28:22)	90
	Bellmore Striders Independence Day 4 Mile Run (39:35)	90
	Hope Runs Here #2 5K (29:49)	83
	Long Beach 5 Miler (54:55)	90
<b>4</b>	<b>Rossi, Victor (GLIRC)</b>	<b>640</b>
	Kings Park 15K Championship (1:45:51)	80
	Aspire 10K Championship (0:56:19)	90
	Marcie Mazzola 5k (27:38)	90
	Elizabeth McNamee 5K (26:16)	90
	Runday 5K (27:01)	90
	Blazing Trails 4 Miler (35:55)	100
	Great South Bay 1/2 Marathon (2:07:29)	100
<b>5</b>	<b>Fetscher, Paul</b>	<b>523</b>
	Kings Park 15K Championship (1:54:15)	74
	Long Beach 10 Miler (2:00:50)	100
	Hope Runs Here #1 5K (36:29)	100

	Bellmore Striders Independence Day 4 Mile Run (47:44)	83
	Long Beach 5 Miler (58:48)	83
	Blazing Trails 4 Miler (46:05)	83
<b>6</b>	<b>Salow, Joseph (NHP - Mineola Runners Club)</b>	<b>329</b>
	Kings Park 15K Championship (1:49:25)	77
	Aspire 10K Championship (1:04:56)	80
	Bellmore Striders Independence Day 4 Mile Run (42:55)	86
	Blazing Trails 4 Miler (41:43)	86
*	<b>Marotta, Lenny (GLIRC)</b>	<b>169</b>
	Elizabeth McNamee 5K (32:01)	83
	Long Beach 5 Miler (56:10)	86
*	<b>Stein, Alan (GLIRC)</b>	<b>90</b>
	Hope Runs Here #2 5K (27:37)	90
*	<b>Wong, Foo Yuen (We Are Athletes)</b>	<b>90</b>
	Kings Park 15K Championship (1:25:46)	90
*	<b>Wong, FY (We Are Athletes)</b>	<b>90</b>
	Kings Park 15K Championship (1:25:46)	90
*	<b>Hickey, Gabriel (We Are Athletes)</b>	<b>86</b>
	Farmingdale Mile (08:38)	86
*	<b>Conroy, Stephen</b>	<b>83</b>
	Aspire 10K Championship (1:01:59)	83
<b>Men 75-79</b>		
<b>1</b>	<b>Wallace, John (GLIRC)</b>	<b>800</b>
	Long Beach Snowflake 4 Mile Run (40:59)	100
	Aspire 10K Championship (1:01:14)	100
	Marcie Mazzola 5k (30:07)	100
	Run For the Health of It 5K (30:07)	100
	Bellmore Striders Independence Day 4 Mile Run (41:38)	100
	Massapequa Mile (09:09)	86
	Hope Runs Here #2 5K (30:19)	100
	Farmingdale Mile (08:54)	86
	Long Beach 5 Miler (51:17)	100
	Blazing Trails 4 Miler (40:23)	100
<b>2</b>	<b>Ogazon, Michael (LIRRC)</b>	<b>740</b>
	Long Beach Snowflake 4 Mile Run (44:28)	90
	Kings Park 15K Championship (1:59:39)	90
	Marcie Mazzola 5k (37:57)	90
	Elizabeth McNamee 5K (35:42)	90
	Runday 5K (36:11)	100
	New Hyde Park 8K (58:15)	100
	Bolla Charity 5K (36:15)	90
	Bellmore Striders Independence Day 4 Mile Run (51:09)	86
	Massapequa Mile (09:58)	83
	Hope Runs Here #2 5K (34:55)	90

	Blazing Trails 4 Miler (46:20)	86
<b>3</b>	<b>Cordero, Joe</b>	<b>736</b>
	Long Beach Snowflake 4 Mile Run (45:43)	86
	Elizabeth McNamee 5K (29:37)	100
	Runday 5K (37:52)	90
	Massapequa Firecracker Championship 5K (33:04)	100
	Massapequa Mile (08:54)	90
	Farmingdale Mile (08:44)	90
	Long Beach 5 Miler (1:01:08)	90
	Blazing Trails 4 Miler (41:51)	90
<b>4</b>	<b>Hershkowitz, Norman (GLIRC)</b>	<b>689</b>
	Long Beach Snowflake 4 Mile Run (57:45)	83
	Aspire 10K Championship (1:30:00)	86
	Marcie Mazzola 5k (44:19)	86
	Elizabeth McNamee 5K (44:12)	86
	Runday 5K (42:40)	86
	Bolla Charity 5K (41:59)	86
	Massapequa Firecracker Championship 5K (43:26)	90
	Bellmore Striders Independence Day 4 Mile Run (58:09)	83
	Massapequa Mile (13:02)	80
	Hope Runs Here #2 5K (43:50)	86
	Farmingdale Mile (13:25)	83
	Blazing Trails 4 Miler (56:09)	83
<b>5</b>	<b>Patino, Antonio (LIRRC)</b>	<b>380</b>
	Kings Park 15K Championship (1:49:08)	100
	Aspire 10K Championship (1:14:11)	90
	Bolla Charity 5K (34:00)	100
	Bellmore Striders Independence Day 4 Mile Run (46:46)	90
<b>6</b>	<b>McCann, Curt (MRR)</b>	<b>326</b>
	Elizabeth McNamee 5K (55:48)	83
	Massapequa Firecracker Championship 5K (50:22)	86
	Bellmore Striders Independence Day 4 Mile Run (09:11)	80
	Hope Runs Here #2 5K (52:32)	77
<b>6</b>	<b>Robinson, Curt (We Are Athletes)</b>	<b>326</b>
	Elizabeth McNamee 5K (55:48)	83
	Massapequa Firecracker Championship 5K (50:22)	86
	Bellmore Striders Independence Day 4 Mile Run (09:11)	80
	Hope Runs Here #2 5K (52:32)	77
<b>8</b>	<b>Aronowsky, Barry (Northport)</b>	<b>253</b>
	Run For the Health of It 5K (51:51)	90
	Runday 5K (52:12)	83
	Hope Runs Here #2 5K (52:28)	80
*	<b>Muhrcke, Gary</b>	<b>200</b>
	Massapequa Mile (07:25)	100

	Farmingdale Mile (07:24)	100
	* <b>Polansky, Mike (GLIRC)</b>	<b>83</b>
	Hope Runs Here #2 5K (47:38)	83
<b>Men 80-84</b>		
	<b>1 Morales, Carlos</b>	<b>800</b>
	Long Beach Snowflake 4 Mile Run (47:30)	100
	Kings Park 15K Championship (1:59:41)	100
	Aspire 10K Championship (1:13:33)	100
	Massapequa Firecracker Championship 5K (35:24)	100
	Hope Runs Here #2 5K (35:12)	100
	Farmingdale Mile (09:33)	100
	Long Beach 5 Miler (1:03:56)	100
	Blazing Trails 4 Miler (45:22)	100
	* <b>Hanley, Jack (We Are Athletes)</b>	<b>100</b>
	Elizabeth McNamee 5K (33:45)	100
	* <b>Fuchs, Steven</b>	<b>90</b>
	Elizabeth McNamee 5K (37:16)	90
<b>Men &gt; 84</b>		
	<b>1 Jablon, Bert (GLIRC)</b>	<b>800</b>
	Long Beach Snowflake 4 Mile Run (1:05:42)	100
	Marcie Mazzola 5k (48:00)	100
	Elizabeth McNamee 5K (45:33)	100
	Runday 5K (47:17)	100
	New Hyde Park 8K (1:14:07)	100
	Massapequa Firecracker Championship 5K (44:53)	100
	Bellmore Striders Independence Day 4 Mile Run (58:55)	100
	Massapequa Mile (13:47)	100
	Hope Runs Here #2 5K (45:58)	100
	Farmingdale Mile (13:39)	100
	Long Beach 5 Miler (1:18:52)	100
	<b>2 Kestenbaum, Howard (GLIRC)</b>	<b>750</b>
	Aspire 10K Championship (1:49:55)	100
	Elizabeth McNamee 5K (56:54)	86
	Runday 5K (55:29)	90
	New Hyde Park 8K (1:28:57)	90
	Bolla Charity 5K (54:09)	100
	Massapequa Firecracker Championship 5K (53:33)	90
	Bellmore Striders Independence Day 4 Mile Run (46:45)	90
	Long Beach 5 Miler (1:21:59)	90
	Blazing Trails 4 Miler (1:07:11)	100
	* <b>Winkler, Jules</b>	<b>90</b>
	Elizabeth McNamee 5K (50:43)	90