



One Step Ahead

News and Notes

www.long-island.usatf.org

January 2010

USATF-LONG ISLAND DELEGATES ATTEND THE ANNUAL MEETING

The Long Island delegation played an active role in the 2009 Annual Meeting of USA Track & Field held in Indianapolis in early December. Representing Long Island were President Alex Cuzzo, Fred Benlein, Katey Brust, Joe Cordero, Steve Cuomo, Carl Grossbard, John Martin, Deirdre McElhatton, Dave McGovern, Sue Nesbihal-Cordero, Bill Ott, Sue Polansky, Loretta Scheulien McGovern, Mary Trotto and Gary Westerfield.



Our representatives were busy attending meetings of all committees and came back with a lot of new information and new insight into the working of the national organization. Of particular interest are some of the changes that are taking place which affect Long Island members. The LDR committees have discarded the iPod rule in road races. While we still advise our runners of the potential dangers of using iPods while on the roads, it is no longer illegal to use them in road races. The lower age limit for Masters athletes who are competing in track & field meets has been changed back to 40. The National Committee for Sports for the Disabled announced that the International Paralympics Committee has reinstated the Intellectually Disabled as a class in the Paralympics Games. Classification methods are being developed.

The new Board of the Directors of USATF is taking a very active role in the working of all USATF committees and is developing a structure that is modeled on big business. President and Chairperson of the Board, Stephanie Hightower and CEO Doug Logan spent much time with the various committees and with individual members. We were very pleased to see this hands-on approach.

USATF-LI is pleased to announce that our association once again won Silver Recognition by the National Associations Committee for meeting and surpassing the goals set forth by the Committee.



David Katz and David Oja of Syracuse receive the Otto Essig Award from Masters Long Distance Running Chairman

Many of our members were also honored with awards at the Annual Meeting. National Youth Committee Chair Lionel Leach presented Youth Chair Award to Steve Cuomo. The Otto Essig Award was given to David Katz by the Masters Long Distance Running Committee. Race Walkers Tim Seaman and Teresa Vaill received the Captain Ron Zinn Award from Vince Peters, Chair of the National Race Walk Committee, and Kathy Martin was Age Group Athlete of the Year in Masters Track & Field. Sue Polansky was elected Treasurer of the National Officials Committee and Mary Trotto (who splits her time between the Long Island and the Hawaii Associations) was selected to be an Athlete's Representative for Masters Track & Field. Not bad or the new kids on the block!!!



Steve Cuomo chairs the meeting of the National Committee for Sports for the Disabled with Vice Chair Scott Hollenbeck



USATF President and Chair of the Board Stephanie Hightower and CEO Doug Logan with National Officials Hall of Fame Committee Chair Sue Polansky at the Officials Hall of Fame Banquet.

DON'T FORGET

USATF-LI AWARDS BRUNCH

Sunday, February 21, 2010

Details will be available soon – Save the Date