



# One Step Ahead

News and Notes

[www.long-island.usatf.org](http://www.long-island.usatf.org)

January 2013

## USATF ANNUAL MEETING USATF-LI BRINGS HOME HONORS

Once again, USATF-Long Island and its members returned home from the Annual Meeting of USA Track & Field with many awards. Our Association once again won Silver Level Recognition as an Association since we have met and surpassed all goals set for us in 2012. USATF-LI has won an award as an Association every year since our founding in 2000.

In addition, we are proud to announce that **Gary Westerfield** was the recipient of the Lori Maynard Award for Outstanding Race Walk Officiating. **Kathy Martin** was named Athlete of the Year in Masters Track & Field and was inducted into the Masters Hall of Fame for combined achievements in track & field and long distance running. **John McManus**, who sadly passed away a few years ago was also named to the Masters Hall of Fame for his amazing accomplishments in track & field.

USATF-LI was awarded the *National 50K Road Championship* by the Mountain, Ultra, Trail Committee through 2015. This event has attracted top ultra marathoners from all of over the country and will be held again at Caumsett State Park in March under the leadership of LI MUT Chair **Carl Grossbard**. Long Island will also be hosting the 2015 Masters Outdoor Regional Track & Field Championship thanks to the efforts of Masters Chair **Rob Lemke**.



USATF-LI Treasurer Gary Westerfield Accepts the Association Silver Level Award from USATF CEO Max Siegel, Associations Committee Chair Karen Krsak and USATF President Stephanie Hightower.

## IMPORTANT NOTICE TO ALL YOUTH COACHES AND VOLUNTEERS

It is of utmost importance that all coaches and volunteers who work with our very precious Youth athletes renew their background checks as soon as possible. No club will be receive membership and benefits unless all who work with the children submit to a current background check.

## THE NEW OLYMPIAD HAS BEGUN OFFICIALS NEED TO RECERTIFY

With the conclusion of the 2012 Olympic Games, we step into the new four year Olympiad. Now is the time for all officials to recertify for the 2012-16 Olympiad. Officials Chair **Bill Ott** has notified all officials regarding recertification. Please complete your officials certification form which was sent to you or can be found on our website and send it to Bill along with a \$50.00 check made payable to USATF-LI. This fee is the recertification fee for the entire Olympiad and includes a new rule book as soon as it is published.

Please remember to renew your USATF membership as well. Renewal forms are on line.

The tests required for Officials' Certification are on line as well. Just go to the National Officials Committee website and download the tests. Bill will be holding clinics in January and February and part of the agenda of these meetings will be test review sessions so watch for the announcement of the scheduled dates and locations.

**New officials are needed.** In order to service our athletes in all disciplines, we need capable officials. All you need is a love for the sport and a little extra time to give to help out. The rewards are great. Contact Bill Ott at [mott798@aol.com](mailto:mott798@aol.com) or (516) 349-9157.

## AWARDS BRUNCH SAVE THE DATE – SUN., FEBRUARY 17<sup>TH</sup>

USATF-LI will be holding its annual Awards Brunch on Sunday, February 17, 2013. This is the time when we honor the Athletes of the Year in all disciplines and all age groups as well as present awards to many who work so hard to make our Association successful.

We are currently looking for a new venue for the Awards Brunch so keep an eye on our website for more information.

Winners of the USATF-LI Grand Prix Series of Road Races and the Cross Country Grand Prix will also be honored at the Awards Brunch. Be sure to be there.

## UPCOMING EVENTS

**2013 Grand Prix Series of Road Races:** The Series will begin in March and have an exciting array of races throughout Nassau & Suffolk Counties and cover all distances. For more information, contact LDR Chair & President, **Alex Cuozzo**.

**2013 Level 1 Coaches Clinic:** The Level 1 School will be held on July 19-21<sup>st</sup> at Nassau Community College. For more information, contact Coaching Ed Chair, **Fred Benlein**.

