

USATF-LI EXECUTIVE COMMITTEE MEETING



Minutes for Board Meeting Held on Monday, August 24, 2026

Meeting was brought to order at 7:30 pm via zoom.

Attendees: 17

Officers:

President: Alex Cuzzo
Vice President: Robert Lemke
Vice President: Richard Degnan
Treasurer: Michael Frazer
Secretary: Pamela Lee

Standing Sport Committees:

Track & Field: Richard Degnan
Track & Field: Leigh Pollet - *Excused*
MUT: Ronald Nardo
Race Walk: Lorraine Ambrosino - *Excused*
Masters Athletics: Robert Lemke
Youth Athletics: Liz Barney
Para-Athletics: Steven Cuomo - *Absent*
Para-Athletics: Francis Anzaldi

Standing Administrative Committees:

Officials: George Erker
Sports Medicine: Jon DeGorter
Sports Medicine: Elisabeth O'Donnell - *Absent*
Records: Joe Meyer - *Absent*
Outreach: Ronald Nardo
Public Relations: Lori Mangual
Nominating: Fred Haslett
Membership: Brian Cloherty - *Absent*
Coaching Education: Michael Frazer
Communications: Erin Cassano
Law & Legislation: Keith Guilfoyle

Club Representatives:

Invited Guests:

Rose Mangogna
Sue Michta
Michelle Walker

Minutes: Minutes from the Board Meetings of June 1, 2026 were approved.

Budget & Finance: Michael Frazer reported that the Bank Balance at Citibank as of July 1, 2026 is \$39,942.82 and the current balance is \$39,265.19.

Membership: To date, there are 1,307 individuals and 54 clubs and organizations.

President's Report:

Alex Cuzzo reported that LITF experienced a busy summer which included summer meets, National accreditation, SafeSport meetings, the Association Convention, and updates to the Association by-laws.

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Old Business:

USATF-LI Association By-Laws (2021 Update): Changes dealing with Article II and Regulation 7-B basis for voting residency. Motion to accept as adjusted, seconded, approved, and effective immediately. Changes to be presented at the Annual Meeting on September 25, 2026.

USATF-LI Association Convention, September 25, 2026: Contract has not been received yet, but check has been submitted. This year is an executive board election year, delegates to National Meeting election, and by-laws changes. Voting is allowed by email from August 26, 2026 to September 24, 2026 or in-person at the Convention on September 25, 2026. Eligible voters must be at least 18 years old and be a member as of August 25, 2026. An e-blast to go out today or tomorrow accompanied with the convention flyer.

USATF-LI Association SafeSport Volunteer Coordinator Meetings: Changed to quarterly. The next meeting will be in October.

July 4th Race Fundraiser Results: Proceeds from the race of approximately \$2,400 was donated to USATF-LI.

New Business:

USATF Associations Grants Chair, Patti Petesch Passed Away.

USATF AEC Chair, Simone Terry (aecchair@usatf.org): Needs Secretary.

USATF-LI Association Accreditation: Fully accredited but must include changes to by-laws.

Committee Reports:

Standing Sport Committees:

Track & Field: Richard Degnan reported that the Wednesday summer meets were outstanding. Fall clinics will proceed at Island Trees.

LDR: Alex Cuozzo reported that the LIRRC Ducks Mile went well and the Grand Prix Road Series continues on 8/31 Pedone 5k, followed by the NHP 8k, Cow Harbor 10k, Massapequa Mile, and the AutisMile. The cross-country meet is scheduled for November 8, 2026 at 8:30 am at Bethpage State Park. The next meeting is September 14, 2026 on zoom.

Race Walking: Lorraine Ambrosino (1:05:50) medaled in her age group in the 10k race walk at the World Masters Athletics Stadia Championship that took place on in Daegu, South Korea from August 22, 2026 to September 3, 2026. USATF National 10k RW Championship is scheduled for Sunday, September 13, 2026 at Sachem North HS. Two additional officials are needed. USATF National 30k RW Championship is scheduled for Sunday, November 8, 2026 in Hauppauge.

Mountain Ultra & Trail: Ron Nardo reported that the 2026 USATF 50k Trail Championship is scheduled for October 3, 2026 in Yachats, OR and the 2026 USATF Half-Marathon Trail Championships is scheduled for November 7, 2026 in Moab, UT.

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Master Athletics: Rob Lemke reported that Lorraine Ambrosino attended the World Masters Championships in South Korea.

Youth: Liz Barney reported that there was good representation at the summer meets. The Youth Cross-Country Championship is scheduled for November 8, 2026. The State Qualifier is November 7, 2026 at CW Post.

Para-Athletics: Francis Anzaldi reported that there were numerous regional events leading up to the National meet in Ann Arbor, MI. There are two new classifications: Autism and Down Syndrome. Long Island was represented by Mikey Brannigan at Toyota USATF Outdoor & Para National Track & Field Championships at Icahn Stadium from July 23-26, 2026 and by Frankie Anzaldi and a participant from Achilles at The Move United Hartford Nationals in Grand Rapids, MI from July 10-16, 2026.

Standing Administrative Committees:

Officials: George Erker reported that there were officials for the summer meets and for the Youth Championships. He will canvas for the November 8, 2026 race walk and cross-country events. Alex Cuzzo will check to see if officials are needed at the Cow Harbor 10k Championships.

Sports Medicine: Jon DeGorter reported that he will provide an article for the website.

Records: No report.

Outreach: Ron Nardo reported that RJT events took place for 50 participants at BOCES at Forest City Park, Wantagh on June 29, 2026 (Ron Nardo, Fred Haslett, and Lori Mangual) and 65 participants at the Plainview Chinese Cultural Day Camp at South Grove Elementary School, Syosset on July 23, 2026 (Ron Nardo, Fred Haslett, Lori Mangual, and Pamela Lee). Future events are scheduled for the Bellmore Boy Scouts and possibly, Searingtown Elementary School in the Herricks School District

Public Relations: No report.

Nominating: The Committee consists of Fred Haslett, Liz Barney, Kathy Agricola, and Liz O'Donnell. Liz Barney will be in charge of the electronic voting. Procedure calls for a 30-day announcement prior to the USATF-LI Convention. Nominations to date: President (Alex Cuzzo, Brendan Dagan), two Vice Presidents (Rob Lemke, Lori Mangual, Jen Dagan, Joe Meyer), Secretary (Pamela Lee, Anthony Ricci), Treasurer (Michael Frazer, Jordan Ashley). Delegates to the National Convention will also take place.

Law and Legislation: By-laws need to be updated.

Membership: No report.

Coaching Education: Two individuals were winners of Harry Penny scholarships, but neither took advantage of the awards.

Communication/Marketing: Erin Cassano reported that she is working on updating the Call to Convention Flyer.

Other Activities: None.

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Next meeting: Monday, October 5, 2026 at 7:30 pm.

Meeting was adjourned at 8:37 pm.

Respectfully submitted by Pamela Lee, Secretary, USATF-Long Island