USATF-LI EXECUTIVE COMMITTEE MEETING

Minutes for Board Meeting Held on Wednesday, October 7, 2026

Meeting was brought to order at 7:33 pm via zoom.

***Attendees*: 12**

Officers:

President:	Alex Cuozzo
Vice President:	Robert Lemke
Vice President:	Richard Degnan
Treasurer:	Michael Frazer - *Absent*
Secretary:	Pamela Lee

Standing Sport Committees:

Track & Field:	Richard Degnan
Track & Field:	Leigh Pollet - *Excused*
MUT:	Ronald Nardo
Race Walk	Lorraine Ambrosino
Masters Athletics:	Robert Lemke
Youth Athletics:	Liz Barney
Para-Athletics:	Steven Cuomo - *Absent*
Para-Athletics:	Francis Anzaldi

Standing Administrative Committees:

Officials:	George Erker
Sports Medicine:	Jon DeGorter - *Absent*
Sports Medicine:	Elisabeth O'Donnell - *Absent*
Records:	Joe Meyer - *Absent*
Outreach:	Ronald Nardo
Public Relations:	Lori Mangual
Nominating:	Fred Haslett
Membership:	Brian Cloherty - *Absent*
Coaching Education:	Michael Frazer - *Absent*
Communications:	Erin Cassano - *Absent*
Law & Legislation:	Keith Guilfoyle - *Excused*

Club Representatives:

Invited Guests:

Sue Michta

Minutes: Minutes from the Board Meetings of August 24, 2026 were approved. Minutes for the Convention will be available at the next meeting.

Budget & Finance: The current Bank Balance at Citibank is $37,686.

Membership: To date, there are 1,376 individuals (1,237 last year) and 54 clubs and organizations**.** There is an upward trend in membership of youth (7-12 years) due to qualification for JOs. Membership is ahead of last year's pace of 1,500 in October.

President's Report:

Old Business:

USATF-LI Association By-Laws (2021 Update): Changes have been submitted to the accreditation committee.

USATF-LI Association Convention, September 25, 2026, Review: Meeting discussions were spirited. Election is on-going and online voting for executive positions has been extended until 11:59 PM on October 15, 2026. Changes to By-Laws were passed and sent to accreditation committee to be reviewed in January 2027 for individual associations. Delegates to the National Convention have been chosen.

USATF-LI Association SafeSport Volunteer Coordinator Meetings: Changed to quarterly.

New Business:

USATF Associations Grants, Available: Application due on November 1, 2026. Limit is $2,000.

USATF AEC Chair, Simone Terry: Alex Cuozzo seconded Simone Terry for General Competition Division Representative. In order to move to the Board, six individuals must second a nominee.

USATF Brand Re-fresh Zoom Meeting October 21, 2026: Possible changes to logo and uniforms.

Committee Reports:

Standing Sport Committees:

Track & Field: Richard Degnan reported St. Anthony's Tony Antonio, passed away on October 7, 2026. Fall clinics will start on October 18, 2026 at 4:00 pm with registration at 3:15 pm. New Year's Eve Clinics are proceeding. The Y/O/M Championships will take place on February 27, 2027.

LDR: Alex Cuozzo reported that the weather was favorable for the Massapequa Mile but was up against nine other events scheduled for the same day. The next meeting is October 12, 2026 on zoom.

Race Walking: Lorraine Ambrosino reported that there is only one day remaining for world rankings. USATF National 30k RW Championship is scheduled for Sunday, November 8, 2026 in Hauppauge. Entry fee is $20. Lorraine Ambrosino will take care of registration instead of Sport80. A check for $3,000 for sponsorship covers cost for officials and timing. Elitefeats will do the timing. It is hopeful that a race walk sponsor will become available for judging.

Mountain Ultra & Trail: Ron Nardo reported that the 2026 USATF Half-Marathon Trail Championships is scheduled for November 7, 2026 in Moab, UT, Tunnel Hill 100/50 Miles is scheduled for November 14, 2026 in Vienna, IL and the USATF 24-Hour Championship is scheduled for November 21, 2026 in Goodyear, AZ. There is a waiting list to participate in the SRC Backyard Ultra on December 12, 2026 – December 13, 2026 in Hauppauge, NY. Each participant must run 4.167 miles every hour on the hour.

Master Athletics: Rob Lemke reported that masters will participate in the 8k XC race on November 8, 2026. He will update any records from the Massapequa Mile.

Youth: Liz Barney reported that the Youth Cross-Country Championship is scheduled for November 8, 2026.

Para-Athletics: Francis Anzaldi reported that wheelchair and ambulatory categories regarding gender and age will be decided at the National Convention. Running United expects to have a good turnout at 8k XC race on

November 8, 2026. The USATF IPC License is by invitation only, unless classified prior to rule change classifiers of which there are only ten in the country. Must meet "A" standard. The LA Team is looking at college para-athletes which is the same as in prior years. This eliminates non-college athletes. Para athlete thrower, Dawn Cookler, passed away on September 24, 2026.

Standing Administrative Committees:

Officials: George Erker reported that officials are scheduled for both the November 8, 2026 race walk and cross-country events.

Sports Medicine: Jon DeGorter sent an article for the website.

Records: No report.

Outreach: Ron Nardo reported that a possible future RJT event may be scheduled for the Bellmore Boy Scouts. However, they meet at 7:00 pm and daylight poses a problem.

Public Relations: No report.

Nominating: Online voting stops at 11:59 pm on October 15, 2026. To date, 250 votes have been cast.

Law and Legislation: No report.

Membership: No report.

Coaching Education: No report.

Communication/Marketing: A winter Newsletter is planned.

Other Activities:

Website: Send any updates to Alex Cuozzo.

Next meeting: Monday, November 2, 2026 at 7:30 pm.

Meeting was adjourned at 8:24 pm.

Respectfully submitted by Pamela Lee, Secretary, USATF-Long Island