



One Step Ahead

News and Notes

www.long-island.usatf.org

February 2013

OFFICIALS RECERTIFICATION



USATF-Long Island Names Communications and Marketing Director

Cici Hall has been appointed as the Communications & Marketing Representative for USATF-Long Island. She also will be responsible for USATF-LI Middle School Outreach Program.

Cici has a BA in Psychology from Lehigh Univ. and a MFA in Film Production from Boston Univ. For the past 5 years, she has worked as a Production Specialist and Web Video Editor on several projects.

She is very familiar with the world of Track & Field – 4 years High School track, 4 years College Track and Patriot League Champion in the Triple Jump, an active Masters athlete in Pole Vault & Triple Jump. Cici is currently the Girls' Assistant Coach at Mepham High.

Race Walk News

Once again, kudos to our Long Island Race Walkers. Olympian, **Maria Michta** was selected by the National Race Walk Committee as the recipient of the prestigious Ron Zinn Award given to the race walk athlete of the year, Juniors competitors, **Molly Joseph** and **Brittany Collins** place first and second at the Junior Pan Am Trials and will be representing the United States in Lima, Peru in May.

The USATF-LI meet held at Suffolk Community College on January 13th hosted an outstanding field of race walkers including nationally ranked **MaryAnne Daniel** and former Olympian **Curt Clausen**.

We look forward to hosting two national championships this spring. The Open 10K Championship will be held on May 5th and the Junior 5K Championship will take place on June 9th. Watch the USATF-LI website for more details.

It is that time again. USATF Certified Officials need to recertify each new Olympiad. Forms for recertification have been sent and are also found on our website. It is of utmost importance for our association and all its athletes to have a full complement of certified officials. So do not wait. Recertify today.

Recertification cost is \$50 for the entire four year Olympiad and includes a new rule book. All certified officials also need to be current members of USATF. Membership forms are also available on our website. Membership entitles an official to all available benefits offered by the local and national organization including insurance.

Do not delay. Tests for recertification are available on the USATF website. The Long Island Association will be holding clinics in February and March to review the USATF rules and to discuss test questions.

We are also in need of more officials. If you know of someone who is interested in becoming a USATF Certified Official, please contact Officials Chair Bill Ott at (516) 349-9157 or Mott798@aol.com.

USATF Youth Age Groups – 2013

Attention Youth athletes, coaches and parents: The 2013 age group breakdown for Youth is as follows:

7/8	2005-2006
9/10	2003-2004
11/12	2001-2002
13/14	1999-2000
15/16	1997-1998
17/18	1995-1996

Athletes who are still 18 through the final day of the USATF National Junior Olympic Championships are eligible to compete in the 17/18 year old division through that meet. This extended eligibility does not apply to cross country events,

AGE DIVISIONS ARE BASED ON YEAR OF BIRTH, NOT ACTUAL AGE OF ATHLETE.

2013 GRAND PRIX SERIES OF ROAD RACES TO BEGIN IN MARCH – CHECK THE WEBSITE FOR MORE DETAILS.