



USATF NATIONAL CHAMPIONSHIP OPEN/MASTERS 30k RACE WALK

(USATF Members Only and Guests)

Simultaneous 10k, 20k,30k & 50k (under 5 3/4hrs)

Open Race Walks

on the

Walter Hawrys 2km Race Walk Circuit

(USATF-NY16092JG/IAAF-AIMS USA-2016-070)

Outside the

H. Lee Dennison County Exec. Bldg. Constitution Blvd.

100 Veterans Memorial Highway, Hauppauge, NY 11788

on

October 20th, 2019 – 9 am Eastern Daylight Time

REPORT BY 8 am for NUMBER PICKUP

**All events are judged race walks, contested on a closed internationally certified
2km circuit. USATF rules apply. IAAF (4) and USATF Master Judges.**

USATF Sanction

PRIZE MONEY IN 30K (USD 500-300-150-75) to all male and female competitors

USATF medals to top 6 USATF members men and women

USATF Masters medals in 5year age groups

Guest International Athletes Welcome (Entry Fee Gratis)

TO REGISTER:

Email: garywesterfield@verizon.net

Include: *NAME-ADDRESS/COUNTRY-DATE OF BIRTH-CLUB*

***USATF membership required for the Championship**

Registered by 7 pm October 19, 2019 - Entry Fee \$30 USD

Late registration by 8 am October 20, 2019 -Entry Fee \$50 USD

Make payment to USATF-LI, or in cash at registration.