## USATF LONG ISLAND <br> Marathon Race Walk Mixed Relay

(Male 12.195k \& 10k alternating with Female 10k \& 10K)
World Athletics Format to be used in Paris 2024*to apply \&
Open 2,10 \& 20km (USATF Rules apply)October 1st, 2023 Start-9:00 am Eastern Daylight Timeon theWalter Hawrys 1km Race Walk Circuit (USATF-NY23061DNB/IAAF-AIMS USA-2023-TBA)Outside theH. Lee Dennison County Exec. Bldg., Constitution Blvd.100 Veterans Memorial Highway, Hauppauge, NY 11788Both events are judged race walks, contested on a closed internationallycertified $1 \mathbf{k m}$ circuit. IAAF (3+) and USATF Master Judges
USATF Sanction
PRIZE MONEY: USD $\mathbf{\$ 2 0 0 0 - \$ 1 0 0 0 - \$ 5 0 0 ~ C a s h ~ t o ~ f i r s t ~ t h r e e ~ M i x e d ~ R e l a y ~ t e a m s ~}$Medals to all competitorsGuest International Federations/Teams \& Athletes Welcome(Request international invitation from Gary Westerfield)
TO REGISTER (Both Events):Email: garywesterfield@verizon.net or Call (631)834-9340
Include: NAMES-COUNTRY-DATE OF BIRTH
Two person (1-M \& 1-F) teams will represent national federations
Entry Fee Gratis if registered by 11:59 pm Sept 29, 2023
Late registration by 8 am October 1, 2023 -Entry Fee \$50 USD
(Make payment to USATF-LI, or in cash, at registration) REPORT BY 8:15 am for NUMBER PICKUP
The closest hotel, which people have used in the past is the Holiday Inn Express-Hauppauge 855-516-1090 2050 Expressway Drive South, Hauppauge, NY 11788

## *From World Athletics (June 21, 2023)

## 1. Marathon Race Walk Mixed Relay

Further to the approval and announcement of the new Marathon Race Walk Mixed Relay, a specific Working Group in representation of athletes, coaches, judges and Member Federations was appointed to discuss the detailed format of the new event and the qualification pathway of the 25 teams to Paris 2024. Council was presented with the recommendations which were approved as follows.

### 2.1 Qualification pathway to Paris 2024

2. The Marathon Race Walk Mixed Relay will replace the 35 km at the 2024 World Athletics Race Walking Team Championships in Antalya (TUR).
3. The Top 22 finishing teams in Antalya will qualify automatically for Paris.
4. Up to 5 of these 22 teams can be from a second team of the same country (NOC).
5. 3 additional teams (which cannot be from a country already qualified from Antalya 2024) will qualify through the Marathon Race Walk Mixed Relay top performance lists in the qualification period (31/12/2022-30/06/2024).
6. To be considered for qualification purposes, these Marathon Race Walk Mixed Relay events must comply with the following:

- Be held on a World Athletics Certified Course.
- Minimum three International or Area Race Walking Judges must officiate at the competition.
- Minimum two international teams, representing at least two countries, must compete in the race.
- Each athlete must walk a minimum of 20 km between their two legs. For information, in Paris, the 4 legs ( $M+W+M+W$ ) will be: $11.45 \mathrm{~km}, 10 \mathrm{~km}$, $10 \mathrm{~km}, 10.745 \mathrm{~km}$.
- Be conducted at a competition which is published on the World Athletics Global Calendar.

Member Federations and / or other governing bodies interested in staging a Marathon Race Walk Mixed Relay as a qualification opportunity for Paris 2024 are invited to contact our Competitions Department (competition@worldathletics.org) for more details.

### 2.2 Judging

This is a new event which is based on team participation only. It is also an event over 10 km legs which, due to the fast pace, could make proper and consistent judging challenging. The priority is to allow every team to finish while ensuring that no team gets an advantage by walking irregularly and therefore time penalties will replace disqualifications in case of additional red cards for the team.

The judging for this event, which will also be implemented in Antalya 2024 and in Paris 2024, will be according to the following principles:
7. Judging will be on a Team / NOC basis rather than on the individual athlete.
8. No athlete / team can be disqualified based on poor race-walking technique and therefore red cards will not lead to DQ but, rather, to additional time penalties as follows:

- 3 red cards for the Team $=3$ min penalty
- $4^{\text {th }}$ red card for the team $=4 \mathrm{~min}$ cumulative penalty ( 1 additional minute)
- $5^{\text {th }}$ red card for the team $=5 \mathrm{~min}$ cumulative penalty ( 1 additional minute)
- Etc.

To note that, in Paris, there will be a cut off time of 3 h 20 m and teams who have not completed the marathon distance will be classified at the position at which they cross the finish line after the cut-off time.

World Athletics reserves the right to review all aspects of this event including judging, after Antalya 2024.

## Regarding Disqualification:

From Pierce O'Callaghan, WA Competition Director
Gary:
Key things from WA side.
Each leg must be a minimum of 10 km .
Simplest system is MWMW - start 195m from finish line first M does 12.195km, next 3 legs all 10km and have the changeover zone at the finish line.

## Team with 7 reds is DQ'ed

Please register the race on the WA competition portal in advance. (This will be done after WA course certification. GW)
Good luck
P

